

# SPANN



Serving the communities of Britannia-Youngstown, Canora, Glenwood, Grovenor and West Jasper/Sherwood

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Maple, the 10 week old pup, poses with one of the Stony Plain Road Business Association's red dog bowls for the SPR: Gone to the Dogs event. Photo by Megan Lala.

## Stony Plain Road BA Welcomes Pups and the Community to the Area With Fun Summertime Event

Kyle Tibayan

Walkability, attractiveness, and increased foot traffic. These are attributes that the Stony Plain Road (SPR) area strives for and they are exactly what our community engagement projects are focused on. SPR: Gone to the Dogs was one of these projects and one that aimed at achieving all the goals mentioned.

Coming into this job I was tasked with coordinating the efforts of events that engaged the community of Stony Plain Road. One of those events had already been decided from the beginning; an event that sought to appeal to the community of dog owners and active walkers of the area. In the sense of inclusiveness, I had to come up with a plan so that both of these target groups were satisfied, as well as meet the obligation we have towards the businesses of SPR and surroundings. Because the main idea before I came on to this project was targeting

dog owners, we were already committed to providing something special for our four-legged companions. Water bowls were to be placed in front of businesses so that when dog owners came by with their dogs they knew that SPR had dog-friendly businesses that would welcome them. I went straight to work with this idea and started looking for viable options for bowls that we could distribute. After the bowls' design was decided, it was just a matter of recruiting businesses to be a 'water station' and have them maintain a few water bowls outside their stores during operational hours. Recruitment was slow but steady, and eventually, the target of 15 businesses was reached. Even though not all the project participants were able to serve as a water station, most were more than willing.

Beyond the placement of water bowls outside their stores, some businesses were also involved in one or more of the other aspects of the project. To incentivize people that did not own dogs,

we gamified established walking paths in the surrounding areas of SPR. A map was created of these paths and throughout them were signages that were staked to the ground that displayed a brief explanation of the project and a QR code. QR codes are unique symbols that when scanned with ones' smartphone camera, redirects them to a specific webpage. In this case, the QR code that was on the signs redirected people to a page on the SPR Business Association website. On this webpage, a coupon that listed 4 different businesses and their deals was shown. To restrict the abuse of these discounts and encourage the continuous scanning of the QR codes, the coupon on the site was swapped out for a different combination of discounts every 4 days. In total 10 businesses chose to participate in this way.

Another way that businesses got involved was by contributing to the grand prize. Entry into the draw for the grand prize was done through the submission of pictures by people to our social media accounts. Coffee bags, flower arrangements, fishing lessons, and a variety of vouchers/gift cards were all a part of this prize and it surely displayed the bounty of goods and services that SPR has to offer. Drawing for the winner of the grand prize took place after the conclusion of the event.

A large part of achieving success with this sort of project is enlisting the help of the community itself. Through the efforts and connections of the staff at SPR Business Association, we were able to take some quality pictures of dogs at locations that were part of the event. Special thanks to our dog models *Forester, Hudson, Hue, Hibo, and Maple*. Also, for the participating businesses listed below, we greatly appreciate your contributions and your openness in seeing the value of these events.

- Edmonton's Flag Shop

The Gilded Rabbit

Cafe Rista

Clair's Cannabis

Wonder Kids Daycare & OSC

Neo Juicery

Cafe Neo

Ben's Meats & Deli

Doggy Style Deli

Reid's Fly Shop

Funky Petals Flower Shop

Blue Sky Car Wash

Maggie's Grooming

Ch. Cafeteria

Variant Edition Graphic Novels
- Kyle Tibayan is the Events Coordinator with the Stony Plain Road Business Association.

Supporting Community Healing From Residential School Trauma (p.4)

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Valley Line West LRT Update (p.8)



# Stony Plain Road Business Association Update

Todd Janes

This Fall we have several opportunities to engage with the democracy process in two separate elections. The Federal election may be over by the time you read this piece, however, I want to express my gratitude to the various candidates who chose to run in this election and commend their desire to help build a better Canada. The Municipal election will be in October and we will see some changes to our City Council with a new mayor and several councillors not seeking re-election. We have some opportunities to engage with candidates for councillor and mayor in our communities to help build a stronger alliance between citizens, organizations and City Council. As you may know, the ward boundaries have changed and also have new names. We are now in the city ward of Nakota Isga and our ward now stretches from the east part of the Groat Road bridge to the western boundaries of Edmonton. You can find out more about our new ward at [https://www.edmonton.ca/city\\_government/municipal\\_elections/civic-election-maps](https://www.edmonton.ca/city_government/municipal_elections/civic-election-maps)

As we try really hard to move forward and emerge from this pandemic we have started to offer and develop new programs and campaigns that promote and market activities within SPR and support our amazing businesses and services. My thanks to the various businesses and property owners that have partnered with SPR Gone To The Dogs, SPR Emerge, and Storefront Cinema 2021 this Fall. Your support


and participation in these events is deeply appreciated and instrumental to building an invigorated brand of SPR and helps showcase all we have to offer. When I joined the BIA we took a pause in our programs to spend some time collectively thinking about our brand and what we wanted to build. This brainstorming included projects and campaigns that would offer positive, inclusive activities that would build a stronger sense of community with our businesses and our residents. We wanted to create activities that celebrated our positive assets and create more opportunities to support our businesses and services along the Stony Plain Road area in central-west Edmonton. There will be more activities and projects coming forward as we feel more confident and energized and as we continue to emerge from this pandemic. We are also looking for partners and great ideas to promote. If you want to get involved and have ideas, I would love to connect.

I also want to address some perceptions around activities. Edmonton is growing into a larger city and it seems to be trending that we will continue to grow over the next 20 years. COVID-19 has exacerbated some of the uglier parts of our growing city and we have seen some increases in encampment and social disorder. Our campaigns embrace our values of innovation and experimentation: pluralism, diversity, and equality. It is ethics, honesty, and integrity that moves us forward in building a stronger community of businesses and connected communities. SPR can be aspirational and still work towards addressing

our city's issues with social disorder, homelessness, and safety. Our events take a community-based approach to security and to building positive human-scale activities and increasing pedestrian activity that leads to more eyes/surveillance onto our streets and people actually attract more people. We need to be able to move forward with projects and campaigns that honour our past and make way for new activities and approaches


which ensure that we can advocate and leverage our positive relationship to address the concerns and issues of now - they are not mutually exclusive but are interrelated to building back stronger and better.

*Todd Janes is the Executive Director of the Stony Plain Road Business Association and can be reached at [stonyplainbrz@gmail.com](mailto:stonyplainbrz@gmail.com) or 780-477-5169.*



## SURVEY RESULTS

### CONSUMER SURVEY 2021

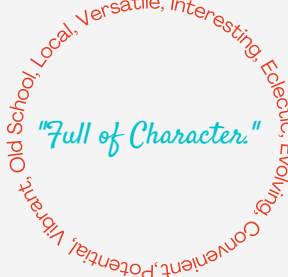


**93.5%**

**93.5% of 108 Respondents Say They Support Local Businesses**

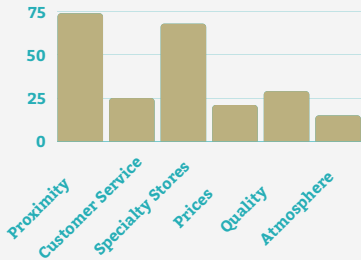
- 78.7% of respondents prefer local operations over large-scale chains
- 96.3% visited Stony Plain Road, 92.6% have visited in the past 2 years
- 51.9% of visitors visit one store then leave, 25% walk around, 23.1% drive

**Respondents Associated Stony Plain Road With These Words:**




**Top Three Reasons to Visit Stony Plain Road:**

1. Location and proximity (68.5%)
2. Specialty stores/ uniqueness (63%)
3. Quality service or product (26.9%)



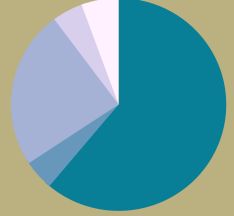
**According to our data, 12pm to 5pm is the preferred time to shop!**

Our respondents love shopping during the day with friends and family.



**The most visited businesses on Stony Plain Road are:**

- Retail (61.1%)
- Eats/Drinks (24.1%)
- Health and Wellness (4.6%)
- Professional services (4.6%)
- Haven't entered a business on Stony Plain Road (5.6%)



The information provided from this survey is being carefully analyzed and will serve as a tool to help us make future improvements to Stony Plain Road!

# #Support Local

October 18

Re-elect

# ANDREW KNACK

For Ward Nakota Isga



@andrewknack

@andrewknack

/AndrewKnackEdmonton

[andrewknack.ca](http://andrewknack.ca)

# Editor's Notes

## Safely Supporting Your Community

Megan Lala

Greetings SPANN readers and welcome to the Fall 2021 issue of SPANN! I feel like Summer just flew by and I hope that everyone had a safe and fun-filled season. This Summer, many people were able to do things they hadn't been able to do for a very long time. They were able to see more people, support more local businesses, and participate in more activities. While the pandemic is not over, through precautions and safety measures, our community was able to come together to get a small taste of normalcy. As we move into the Fall season, COVID-19 cases are starting to rise again, so I encourage you to stay proactive, diligent, and courteous.

Looking forward, I'm excited to see all the coming events and special days that will be happening over the course of the next few months. September 30 marks the National Day for Truth and Reconciliation (p4) and there will be a fun art event

called, SPR: Emerge, happening on Stony Plain Road at the end of September (p12). Whether you are out and about admiring the art installations in the area or sharing your favourite local businesses with friends, taking an active role in your community helps it thrive! As the months get colder, there will be many more chances to support your community in a safe manner as the holidays approach. Shopping locally can make a huge difference to a small business! Buying a gift for a loved one, while also giving a local shop the gift of your business is a great way to give back this year.

I wish you all a beautiful and healthy fall season and don't forget to send in your autumn pictures for a chance to be featured in the Winter 2021 issue of SPANN! If you have any comments or questions, as always, you can reach me at [spanneditor@gmail.com](mailto:spanneditor@gmail.com).

*Megan Lala is Communications Coordinator with the Stony Plain Road Business Association and the Editor of SPANN.*

Stony Plain Road and Area News Network

FREE

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Serving the communities of Britannia-Youngstown, Canora, Glenwood, Grovenor, and West Jasper/Sherwood

Volume 2, Number 3 Fall 2021

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SPANN is published by the Stony Plain Road Business Association.

It is a print and online communications platform intended to connect communities and enhance a sense of place. It seeks to engage area stakeholders (residents, business owners, and agency representatives) with news and information about the area in a way that positively presents Stony Plain Road/Jasper Place as a location that is desirable to live, work, attend events, dine, and shop.

The opinions expressed in SPANN are those of the people named as the authors of the articles, and do not necessarily reflect those of the Stony Plain Road BA. Any submissions may be subject to editing for length and suitability.



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Instagram @spannjasperplace  
Twitter @thespannjp



YOU'RE INVITED TO

## The Stony Plain Road Business Association's Annual General Meeting 2021

Tuesday, October 19, 2021  
Time & Location: TBD

Agenda to include:  
Approval of 2022 Budget,  
election of Board Slate for 2022,  
presentations and more!

**RSVP: Email**  
**[communications.spr@gmail.com](mailto:communications.spr@gmail.com)**  
**by Tuesday, October 5, 2021**



# Advertise with SPANN



and reach thousands of households in the  
Jasper Place/Stony Plain Road area.

Contact [spanneditor@gmail.com](mailto:spanneditor@gmail.com) for more information.



# Westend Seniors Activity Centre Celebrates 31st Anniversary of the International Day of Older Persons

Lorena Smalley

Friday, October 1st, 2021 marks the 31st Anniversary of the International Day of Older Persons. To celebrate, the Westend Seniors Activity Centre (WSAC) is hosting an event to celebrate how seniors are aging in our community.

“We really want to change the way the term “seniors centre” is being defined,” said Dr. Haidong Liang, Executive Director of the centre, “Our centre has over 2000 members, 100 volunteers and we offer over 110 programs and classes. We are a vibrant community and we want to showcase our centre to people here in Edmonton to show them what the term ‘healthy aging in our communities’ means.”

“We have a full day planned and we think we have something for everyone,” said Liang, “We have a number of adults here in the west end that are over 55 years old but have never heard of our centre. We have brought in some of our most popular instructors to offer some ‘try it day’ classes”.

They will be hosting a bottle drive in their parking lot (9629 176 Street NW Edmonton) from 1:00 p.m. to 5:00 p.m. that day. All proceeds from our bottle drive will be used to brighten the day of 100 lower income seniors.

- Each senior will receive:
- An entree, soup and baked goods from our Frozen Meal Program
  - A “brain game” - a book, crossword book and/or puzzle
  - A cute stuffed animal, courtesy of our friends at ICAN

“We are packaging up everything in a gift bag and we will be including a handwritten note wishing them well and letting them know that there are people in their community that care about their wellbeing! We have also partnered with our friends at Drive Happiness, who will be using their team of volunteer drivers to deliver the gift bags.” explained Lorena Smalley, Community Engagement Manager for WSAC.

If you have documents that need shredding, you will want to make sure you take in the event. “We know how important it is to ensure that

people are not throwing important papers and documents in the garbage so we will also be hosting a shredding event. We are asking \$10.00 to shred up to five boxes and the fee is simply a way for us to cover our costs for bringing in Shred-It for the day”, explained Liang. With the civic election right around the corner, WSAC is also hosting a Candidate Meet And Greet that evening. “We will have a number of the mayoral and city councillor candidates onsite to meet members of the public,” said Liang.

“This is a free event. I really hope people will come by and visit our centre. As a Gerontologist, I know that isolation is a fact of life for many seniors. We hope by showcasing our centre and educating people about the programs and services we offer, that they will either join a seniors centre here in Edmonton or share the information with an older adult in their lives.” said Liang.

Questions? Visit [www.weseniors.ca](http://www.weseniors.ca) to learn more about the Westend Seniors Activity Centre or call them at 780-483-1209.

The day plans to be a full one. Here is a schedule for the day:
Gentle Stretch 10:15 am to 11:00 am
Manage Stress and Anxiety Through Yoga 11:00 am to 11:45 am
PICKLEBALL 12:40 am to 2:00 am
Paper Quilling Demos 1:00 pm to 4:00 pm
Bottle Drive (fundraiser) 1:00 pm to 5:00 pm
Shred-It 1:00 pm to 5:00 pm
Volunteer Drive 1:00 pm to 5:00 pm
Book and Puzzle Sale 1:00 pm to 5:00 pm
Yoga for beginners 2:00 pm to 2:30pm
Total Fitness for the Active Agers (Try It Day) 2:30 pm to 3:15 pm
Mayor and City Councillor Candidate Meet & Greet 6:00 pm to 7:30 pm

## Supporting Community Healing From Residential School Trauma

*\*The topics being discussed may be triggering for some who have experienced trauma in the residential school system. Support is available 24/7 by calling or texting 211 Alberta.*

Lisa Richards & Beth Strom

### Significance of September 30

Achieving Truth and Reconciliation can seem like a massive task and it’s easy to think that individuals can’t make a difference. But we can. September 30 has been designated as The National Day for Truth and Reconciliation to honour First Nations, Métis, and Inuit children who were legally kidnapped from their families across these lands.

The recent discoveries of thousands of unmarked graves at residential schools across Canada have brought the horrifying truths of what happened at these schools to light.

These truths do not just live in the past. The ongoing effects of colonialism, trauma, and cultural genocide as well as ongoing systemic racism can clearly be seen in many communities today.

First Nations, Métis, and Inuit people make up only six percent of Edmonton’s population, yet make up two-thirds of those experiencing homelessness. This population is one of the highest reported primary groups that United Way funded partners serve.

These are the harsh truths about our community today, but the good news is there are actions that we can all take to support community healing.

### Learn

Attend a course such as the Indigenous Canada



United Way staff participate in Orange Shirt Day to honour the survivors and families impacted by the residential school system. The photo was taken before the pandemic.

course through the University of Alberta and read the Truth and Reconciliation Calls to Action. Explore the Indigenous resources from Bent Arrow, a United Way funded partner.

### Listen

Understand experiences by visiting the Edmonton Public Library’s Voices of Amiskwaciy. And listen to the stories of Indigenous community members like Vanessa and Mary on United Way’s website [myunitedway.ca](http://myunitedway.ca).

### Raise Awareness

Use your voice by amplifying minority voices on social media and participating in #OrangeShirtDay on September 30.

### Connect

Connect by supporting events such as a

Powwow or participating at Explore Edmonton’s Indigenous Experiences List.

Here at United Way, we are also taking action. We are continuing our work to increase equity, diversity, and inclusion in our organization through staff training and policies and to support local Indigenous-serving organizations. And within our collaborative partnerships, we are contracting new staff focused on building relationships and better serving Indigenous communities.

We have a long way to go, but we are committed to continuing to learn and grow with our neighbours.

*This story was written collaboratively by Lisa Richards of 211 Alberta and Beth Strom of United Way of the Alberta Capital Region.*



# News From the Ledge:

## An update from the area’s MLAs



**MLA Lori Sigurdson**  
Alberta’s NDP  
Official Opposition  
780-414-0719  
Edmonton.riverview@assembly.ab.ca  
9202B – 149 Street  
Edmonton,  
T5M 0H3

As our summer comes to an end, we hope you have had a chance to relax a bit and enjoy the season. Sadly, COVID-19, now in its fourth wave, is still challenging our community. As the education critic for the provincial NDP, Sarah has been working hard to push for a more robust back to school plan. Lori, as the critic for mental health and addiction, has been focused on the opioid poisoning crisis that has taken so many lives in Alberta, this past year.

As students return to school this month, the UCP has passed the responsibility to control COVID-19 onto school boards and parents. Sarah has proposed multiple improvements to the current government’s back to school plan. These recommendations include restoring the reporting parameters for schools, so parents are informed when COVID-19 enters

the classroom, restoring the provincial contact tracing and testing system, a school-by-school vaccination program and ensuring schools have access to rapid tests. These measures would help keep students and staff safe and in turn keep our schools open. We have also been advocating for an increase to mental health support for students. A counsellor in every school across the province would make a huge difference. School staff have been going above and beyond for their students and a trained mental health therapist would make life easier for everyone.

Another area that has been negatively impacted by the government’s policy direction is the opioid poisoning crisis. Tragically the UCP have terminated harm reduction services across the province due to their antiquated ideological view. There is a mountain of research showing the efficacy of harm reduction services for those experiencing the disease of addiction. Tragically there are four people dying everyday here in Alberta from poisoning. We are in an emergency where local agencies and emergency departments are being overwhelmed with patients seeking help. Addiction should not be a death sentence for four Albertans a day. We know that supervised consumption sites, drug testing and a safe, legal and regulated supply of alternatives

to highly toxic and illegal street drugs would save hundreds of lives. Yet as with their lack of initiative in education, the UCP are missing in action.

On August 31st International Opioid Awareness Day, Lori marched through downtown Edmonton with Albertans who had lost sons, daughters, parents and friends to the opioid poisoning crisis. Our message was simple. Stop putting up barriers to vulnerable Albertans who need support. Stop cutting support for supervised consumption sites. Stop ignoring the evidence-based research that tells us the harm reduction works.

We will continue to stand up for policies that support Albertans. For more information please go to <https://www.albertasfuture.ca/> to see our plans for an economy that works for everyone and policies that include all Albertans.



**MLA Sarah Hoffman**  
Alberta’s NDP  
Official Opposition  
780-455-7979  
Edmonton.glenora@assembly.ab.ca  
#201, 12408 - 108 Avenue, Edmonton,  
T5R 1C3

## Community League Day Theme: “100 Community Actions”

### Councillor Andrew Knack

Coming up on September 18th, 2021 is Community League Day! Community League Day is an opportunity to acknowledge the fantastic work that our local community leagues have accomplished during the past year. Not only that, but 2021 is

the 100th year anniversary of the Edmonton Federation of Community Leagues. The theme for this year is “100 Community Actions”. A community action is something that puts the community at the centre of an action and leagues are encouraged to create a tally of 100 community-level actions that they can take

throughout the year. EFCL shared examples of different ways to introduce 100 Community Actions into community league initiatives and events. The four different themes are

1. Sharing ideas
2. Building ideas
3. Challenging ideas
4. Easy ideas to incorporate your

existing events into 100 Actions.

Andrew Knack  
City Councillor – Ward 1  
Website: AndrewKnack.com  
Email: Andrew.Knack@edmonton.ca  
Phone: 780-496-8122  
Facebook: @AndrewKnackEdmonton  
Twitter: @AndrewKnack  
Instagram: @AndrewKnack




**SHARING ideas:**

- Introduce neighbours to one another, tally the introductions
- Create a skills database for the community, sign up 100 contacts
- Community shout-outs: Give thanks to 100 people in your community
- Window walks: challenge 100 people to decorate their windows, tally the results



**BUILDING ideas:**

- Create a little free library or little free pantry network, gather 100 items for it
- Create a skills development program in the neighbourhood, sign up 100 residents
- Improve, beautify or give meaning to a forgotten or under-used public space in the neighbourhood, get 100 volunteers to help



**CHALLENGING ideas:**

Take anything from your actions above and challenge another Community League to a battle of community actions. Which Community can introduce more neighbours to one another? Which community can create more community shout-outs? What's better than some fun competition to motivate a community to come together?

If you're keen for a League vs. League challenge, let us know and we'll connect you.



**Easy ideas to incorporate your existing event into 100 Actions:**

We invite you to highlight EFCL's 100 years alongside any of your Community League Day events. Some ideas to get you started:

- 100 hot dogs served - 100th person wins a door prize
- 100 items of food for the food bank collected
- 100 chalk drawings in front of the League
- 100 cookies or cups of coffee served
- 100 League Stories (create a wall space, provide sticky notes and pens and ask the question: "What's your favourite League memory?")

Tell us about your 100 theme in whatever form it takes. Email [communications@efcl.org](mailto:communications@efcl.org)



# Nifty and Thrifty: *More Than A Fad Opens Location in West Edmonton*



Photo of interior of More Than A Fad.

Photo supplied by More Than A Fad.

Megan Lala

*More Than A Fad - West Point*  
9970-170 Street  
780-540-4477  
[morethanafad.ca](http://morethanafad.ca)  
Facebook: @morethanafad  
Instagram: @more.than.a.fad

Only got \$20 in your pocket? A local thrift shop is opening a third location in west Edmonton this Fall. *More Than A Fad* is an online and in-person thrift store that raises funds for women in addiction recovery at the Adeara Recovery Centre.

"We're a traditional thrift store," states Charlene Nanninga, Senior Manager at *More Than a Fad*, "We carry everything from furniture to clothes to home items and more!"

Recently, there has been a surge in popularity with thrift stores among youths. What sets *More Than A Fad* apart from other thrift stores is their eagerness to continue to grow positive relationships with customers and community and make them aware that they belong and have purpose.

"We strive to maintain competitive pricing, so that our shoppers can not only feel good about supporting Adeara, but also save money when shopping at *More Than A Fad*," says Nanninga.

As a charitable thrift store, all of the business' profits go directly to the Adeara Recovery Centre and therefore, the store is mostly run by volunteers! While they do still have a small staff team supporting the thrift store, they rely on volunteers to keep store shelves stocked and to generate profits for Adeara.

*More Than A Fad* is excited to be joining the Stony Plain Road community.

"We believe a strong community is important because it means that the people within it are healthy active members of society," states Nanninga, "We are also building relationships with other local organizations and groups of people that have needs we can fill, from work experience, to helping small businesses showcase their products, to being a place for volunteers who are looking for community."

Like most businesses, *More Than A Fad* also felt a sting with COVID-19. Part of their struggle was staffing. With the pandemic, many volunteers chose not to come in for their health and safety. However, Nanninga tells us that these obstacles made them change their perspective on how they were operating and how they could adapt and get through the next challenge.

"We are always trying new things." There are many ways to support and get involved with *More Than A Fad*: shopping at the business, becoming a volunteer, and donating gently used items!

"We are very grateful to be joining the Stony Plain Road community and have already felt so much support," said Nanninga.

The new *More Than A Fad* location opens October 1, 2021 and is located at 9970-170 Street.

To learn more about Adeara, please visit [adeara.ca](http://adeara.ca).


Megan Lala is the Communications Coordinator for the Stony Plain Road Business Association and is the Editor of SPANN.



Volunteer at More Than A Fad shows off branded shirt.

Photo supplied by More Than A Fad.

VARIANT



EDITION

GRAPHIC NOVELS AND COMICS

CANADA'S BEST  
GRAPHIC NOVEL  
STORE HAS A  
NEW LOCATION  
**15129**  
STONY PLAIN RD



# Ch. Cafeteria is a Chocolate Lovers Dream Come True

Heather Gunn

Ch. Cafeteria  
14802 Stony Plain Road  
[www.ch-cafeteria.com](http://www.ch-cafeteria.com)



Craving chocolate? You'll find it in plentiful supply at Ch. Cafeteria, a cute café that now occupies the old Balloon Gang location on Stony Plain Road. Locally owned and operated, this café has incredible charm. Their menu is focused around authentic chocolate and features mostly sweet treats and drinks, with a few savoury options in the mix.

A friend and I recently stopped by Ch. Cafeteria to get a feel for the space and taste-test some of their offerings. We were greeted by a quaint, warm atmosphere that made us feel right at home. We immediately noticed the eye-catching chocolate desserts in the display case, along with the wide array of drinks and

other food on the menu board.

I ordered the milk chocolate frappe and a slice of chocolate loaf, while my friend ordered a hot matcha latte (dairy-free) and a chocolate mousse. The frappe was

decadent and creamy, with the milk chocolate really standing out.

If that wasn't enough chocolate, the chocolate loaf was even more of an indulgence! Similar in texture and taste to rich chocolate cake and lightly topped with a chocolate frosting, the loaf was a standout for me. I would order a slice every day if I could!

The dark chocolate mousse was equally as rich as the loaf, and my friend noted that she was very impressed by the strong chocolate taste and creamy texture. Her latte was also a hit; The non-dairy matcha was fragrant and delicious. Whether you're vegan, vegetarian, or prefer real dairy, there is an option here for you.



Drinks pictured from left to right: Milk Chocolate Frappe, Matcha latte with Oat Milk.  
Photo submitted by Heather Gunn.

If you're not in the mood for drinks or food, the cafeteria also has a mini market that offers chocolate bars, chocolate pearls, artwork, jewelry, and much more. There really is something to please everyone at this café!

This would be an ideal spot to grab your morning coffee (they open at 8:30 am), to have a casual meetup with a friend, or to pick up an afternoon treat on the way home. It has such a homey vibe, and even though the seating is limited, it's a great place to sit and chat.

As a chocolate lover, I know I'll be back in the near future to sample more of their tasty desserts, drinks, and food options.

Heather is a former freelance writer for *Vue Weekly* and a current copywriter with S.O.S. Media Corp. You can follow her on Instagram: @yeg\_flavours

## We're Moving in November!

We have been on  
Stony Plain road since 1990.  
We are happy to be staying in the SPR BIA area  
as we feel this is a great area to shop and live in.

We look forward to lots of visits from the neighbourhood!

**Watch for our OPEN HOUSE**  
coming after we move in!!

**15802 – 100 Avenue  
Unit 103**  
Entrance is on 158 Street



**The Flag Shop**  
*There's a lot more to us than flags!*

15507 Stony Plain Rd.  
Edmonton, AB T5P 3Z1  
780-484-5850  
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# Protecting small businesses against fraud

Dami Osunro

Contrary to most beliefs and expectations, small businesses have been found to be facing almost the same extent of risk of fraud as big companies (if not more). A survey by PriceWaterhouseCoopers (PWC) in 2009 found that almost half of all companies (both small and big companies) surveyed across the world suffered one or more instances of fraud. Small businesses can actually be more vulnerable given that they hardly have the necessary controls and oversights. Small businesses tend to be very informal in nature.

The question is: How do small businesses protect themselves against fraud?

The following measures are recommended:

- Conduct background checks on employees: whether there are just one or two employees, ensure you conduct some historical background checks on them. A police report check would be useful here.
- Conduct checks on your business associates/partners: where you have suppliers or third party business associates, it is important you conduct some checks on them both prior to signing a contract with them and on an on-going basis.
- Train your employees: Train your employees to identify and report fraud (sometimes covertly). This is important to protect against both



Dami Osunro

- internal and external fraud.
  - Put necessary controls in place: Controls around the business bank account, inventories and customer relations are essential to protect against business fraud.
  - Conduct unscheduled checks: You may want to carry out periodic spot checks on your stocks, sales and purchases. This is especially true for businesses that have large inventories.
- For medium-size businesses
- Invest in non-expensive surveillance devices: You may want to make some investments in non-expensive surveillance devices that would help capture

images especially for future references. Always make sure to check periodically that the device is actually recording.

- Safeguard your computer systems: It is important that your systems and internet facing devices are protected against hacking and fraudulent intruders.
- Invest in insurance cover: This is a last resort in case other controls fail. This ensures that you can get some measure of recompense from losses as a result of fraudulent activities.

Just like any business (big or small), protection against fraud should always start from within the business to cover for internal frauds. You can then worry about external fraud thereafter.

*Dami Osunro is a community member in west Edmonton.*

## Valley Line West LRT Update

City of Edmonton

The Valley Line West LRT project is the second stage of the 27 kilometer Valley Line LRT. Once complete, the Valley Line LRT will carry passengers from Lewis Farms to Mill Woods via downtown. This route includes three stops within the Stony Plain Road BIA. Two of the stops are on Stony Plain Road, one at 142 Street and one west of 149 Street, and a third stop is on 156 Street near 100 Avenue. For more details on exactly where the route runs, look for the Valley Line West booklet online at [Edmonton.ca/ValleyLineWest](http://Edmonton.ca/ValleyLineWest).

Our stakeholder relations team has been going door-to-door along the Valley Line West route visiting businesses to share information and answer questions about the project. Our goal is to make sure that residents and business owners know that they can reach out to the LRT projects information centre with questions and concerns. We are here to help.

Over the summer you may have seen crews from Marigold Infrastructure Partners (the City's contractor for the Valley Line West project) out surveying and collecting soil samples. Behind the scenes, the Marigold team has been finalizing the technical engineering details of the design. They are eager to begin construction of this transformational project for Edmonton. Construction will take five to six years to complete. During construction, Marigold will take a lead role in communicating disruptions like lane closures and night work. We encourage everyone to follow Marigold on social media to stay up to date with their construction efforts.



The booklet was updated earlier this year to include information about Marigold Infrastructure Partners.

Twitter: @MarigoldTransit  
Instagram: @MarigoldTransit  
Facebook: MIPValleyLineWest  
If you have day-to-day construction questions you can also reach out to Marigold by email ([public@marigoldinfra.ca](mailto:public@marigoldinfra.ca)) or by calling 780-412-2183.  
We know that construction is disruptive. We will

do our best to make it as easy on you as possible, but you can expect noise and vibration from heavy equipment needed for construction. *We're always available to help with any questions or concerns you may have about the project. Contact the LRT projects information centre by email ([LRTprojects@edmonton.ca](mailto:LRTprojects@edmonton.ca)) or by leaving a voicemail at 780-496-4874.*



### Visit the New SPR Website!

- Business Directory • Blog Posts • Community Calendar • Members Only Resources and More!
- [stonyplainroad.com](http://stonyplainroad.com)**



# Community League Updates

## Canora Community League

Tony Lovell

We had a slower summer than usual. The Green Shack saw many young people enjoy the program. Although, there were some hot days which shut the program down. I think we averaged at least 20 children at the park each day. Our basketball courts were very busy with young adults and teenagers using

the hoops. We also had a local youth group use the park behind the hall. We held our AGM on June 13. A new executive was elected. They are as follows:

President & Building Director- Tony Lovell, Treasurer - Verna Helten, -1st Vice President - Susan McCuaig, Secretary - Erin Robinson, Director at Large - Deckla Lindgren, Membership Director - Jean Dubois, Wellness Director - Eva Spence, Program Director - Christine Lovell, Bingo & Casino Director - Virginia Lovell, Publicity Director - Val Park, Youth Director - Shayla Park, and Events Director, Edmonton Neighbourhood Watch Director, Director at Large, 2nd Vice President – Are Open Position which need to be filled. If you are interested in helping out with these positions, please email [info@mycanora.com](mailto:info@mycanora.com) or leave a message at 780-489-6007.

Our upcoming Community League Day is on September 18 from noon to 4pm. Some activities that day will be free Slurpees and ice cream with every paid membership on that day. The Balloon Guy will be there to entertain the children and you can get information on programs, events, bingos and incentives. Park Watch will have a booth there as well. There will be Directors there at different times to talk to. Coffee will also be on for those who wish to sit and enjoy a brew.

Some upcoming activities that are being planned are: Christmas Craft



sale, Kids Christmas party, Christmas Turkey Bingo, and some programs such as ceramic ornament making, and Art Day and others depending on need and COVID-19 protocols.

We hope to have some hockey tournaments for adults and youth depending on volunteers. We have one of the best ice makers in the city looking after our arena. Speaking of the arena, we could use some volunteers to re-attach some of the vinyl boards and caps. Please contact Tony at [info@mycanora.com](mailto:info@mycanora.com) if you are interested in helping.

We had a successful series of Art Days. Some pictures are attached and those pictures are worth a thousand words.



Photos from the Canora Art Hive events this summer. Photos submitted by Canora Community League.

## Canora Park Watch

Deckla Lindgren

Another summer has come and gone, children are back in school and residents are starting to prepare for winter. Pending COVID-19 guidelines, Canora Park Watch is hoping to host “Meet the Police Night” - later this month. We have a great line-up of guest speakers (police, by-laws, etc.) so keep checking your mailbox, as flyers will be distributed in the Canora neighbourhood confirming the

date and time. We hope you will be able to stop by and say hello during the Canora Community League Day on September 18th. We will have a table with some of our volunteers answering your questions and hoping to entice you to volunteer next year with some of our programs.

We look forward to seeing you this Fall and if not, remember that our first event of 2022 will be the Easter Egg Hunt which is always a favourite of young families.

## Pop-Up Art Installation in Butler Memorial Park

Wayne Garrett

On September 25th and 26th, artists Caitlind Brown & Wayne Garrett are installing a pop-up art installation in Butler Memorial Park as part of a whimsical sound-based project with the Edmonton Arts Council.

You are invited to drop-in and participate in a playful game of telephone tag! Six landline-style telephones will be scattered throughout the park. Visitors are

invited to pick-up the phones and initiate short-distance conversations with other park users. Maybe you'll talk to a friend or meet someone new you never thought you'd talk to. The phones are not as they seem! Part retro-telephone experience, part commentary on socially-distancing, and part playful exchange between strangers, join us for this experimental park activation!

Saturday, Sept 25, 1 PM to 9 PM  
Sunday, Sept 26, 10 AM to 4 PM



## Community Classifieds

Community Classifieds are **FREE** to area residents. Length limit: five lines or less. We reserve the right to edit classifieds based on clarity and suitability. We also reserve the right to refuse classifieds that are not appropriate for the paper. Classifieds may also appear on our website. Email your classified ad to [spanneditor@gmail.com](mailto:spanneditor@gmail.com).

## 2SLGBTQ+ Survey

The Neighbourhood Empowerment Team (NET), a partnership between the City of Edmonton, Edmonton Police Service, The Family Centre, and United Way of the Alberta Capital Region is conducting a survey about the experiences of 2SLGBTQ+ people in public spaces in Edmonton.

The goal of the survey is to make Edmonton a safer and more inclusive place. They are asking people who identify with the 2SLGBTQ+ community to share their experiences around safety in the City. The results from this survey will be highlighted in a report that will inform NET's work, which is focused on creating safer spaces in our city. The report may be shared with partners and stakeholders;

however, any identifying/personal information will be kept confidential in accordance with the privacy provisions of the FOIP Act.

Given the nature of this survey NET recognizes that some of the questions may be triggering for people. They want to acknowledge this and highlight that there are some resources at the bottom of this survey.

The survey takes 10 minutes and will be open until November 5, 2021. Respondents must be at least 16 years of age.

Link to the survey: <https://forms.gle/Jtcey5NuSg747Gsi6>

To learn more about the Neighbourhood Empowerment Team, check out: [edmonton.ca/NET](http://edmonton.ca/NET)



# Building After the War

Brooke Leifso

Throughout the last year, people have shared stories of Jasper Place after World War II, when it was a boom neighbourhood for new houses and new suburban layouts. In the 1940s building materials were hard to come by and repurposed rail cars were sometimes used for housing. Some people in Jasper Place built their own homes, living in the basement the first winter and

then erecting the main story within the year. In the third year, potatoes were grown in the front yard to provide winter vegetables but also to get quack-grass out of the soil and prepare the land for lawns. Shirley Romany told us of having a large garden in the '60s, "I had a big, big garden. Oh, yeah, it was free. You'd just have to go out and dig. And you're digging clay or sand." In 1949, houses may not have had basements,

sewer, water, or bathrooms. Instead of basements, there were dugouts. Houses had 45-gallon drums in the basement to store water. Water was delivered by truck. In 1953, the town of Jasper Place began work to put the sewer lines in, which were connected to Edmonton's system. The first phase was from the highway on the north and from 149th to 156th Street. The City of Edmonton agreed to provide 100,000 gallons of water for the first year. When the water and sewer went in, it was a big deal. Large concrete pipes, 3-4 feet in diameter, were stacked up along the road and back alleys. In 1956, the storm sewers were installed in the old and new neighbourhoods. Before the sewers, there were deep culverts in front of each house — 3-4 feet deep — carrying spring run off/melt and rain. Driveways went over this ditch, creating a culvert. In the winter, the culverts would freeze over and had to be thawed by steam truck. A water and sewer system made all the difference, with water pumped to the house, they now had indoor bathrooms with bathtubs -- no more bathing in the kitchen and heating up the water on the stove! If you know of any construction companies responsible for building your house, please reach out to [jasperplacehistory.org](http://jasperplacehistory.org) or [jasperplacehistory@outlook.com](mailto:jasperplacehistory@outlook.com).



House at 9930-157 St., Edmonton, June 30, 1949

Credit: PAA, A17059

## The Children's Network: What Does \$10-A-Day Childcare Mean?

Jonathan Cruz

Alberta is in a deep hole. Childcare is so expensive that parents are struggling to raise a family. Currently the Government of Canada and Prime Minister, Justin Trudeau are all gearing up for a \$10-a-day daycare. As per my consultation with the former MP of Edmonton Center, Randy Boissonault, he expressed the importance of affordable childcare and he believes that childcare is a basic foundation of a strong family and economy. Steps need to be taken to solve 3 big problems:

- Parent fees are too high, ranging from \$800/month for preschoolers to over \$1,000/month for younger children (provincial median).
- Too few licensed spaces – parents can't find or afford quality child care, especially for shift work, as there are only enough licensed spaces for 18% of young children.
- Early Childhood Educators wages and benefits are too low – forcing many to leave the field.

As a result, too many families have no choice but to use unregulated care that's not monitored for health

and safety, or that even meet legal requirements—at times with tragic results. Alberta's child care chaos was caused by government policies and low public investments. Unlike schools, parks, hospitals, libraries and other community services, prior to 2018, childcare received very little public funding. Most of the costs were paid by parents. In fact, Canada has ranked last among developed nations on childcare for more than a decade. While Canada ranks last on childcare, Alberta has been even further behind most of the rest of the country. The \$10-A-Day Child Care Plan is the community's solution to Alberta's childcare crisis. The \$10-a-day plan will make child care affordable by bringing fees down to \$10-a-day for full-time care, \$7 a day for part-time care, and no parent fees for families with annual incomes under \$45,000. The \$10-a-day plan will build a childcare system that provides a licensed space for every child whose family wants or needs it, on a voluntary basis:

- All children, including those with extra support needs, will be welcome.
- A range of programs in licensed

family homes and centres will reflect the rich diversity of Alberta's communities.

- Licensed spaces will accommodate parents with non-traditional hours/shift work.
- Existing childcare services will be invited into the new system.

The \$10-a-day plan supports Indigenous rights in Indigenous childcare and urges governments to respond to the Calls to Action of the Truth and Reconciliation Commission and to implement the United Nations Declaration of the

Rights of Indigenous Peoples. There is only one major player that was very active in advocating for this \$10-a-day daycare/childcare here in Alberta. It was the International Center of Early Learners and Development Inc. together with 24-7 Childcare Canada Inc who caught the attention of the Federal Government. The Minister of Finance Chrystia Freeland visited Alberta, which signified the intent to support these initiatives together with Hon. Randy Boissonault of Edmonton Center.



The Federal Minister of Finance visited the First 24-7 Innovative Early Childhood Center (INTERNATIONAL CENTER OF EARLY LEARNERS AND DEVELOPMENT INC.) to signify the coming of \$10.00 a day Childcare.



# Challenges in Safety in Our Community

Neighbourhood Empowerment Team


We all deserve to live in a safe community and city, but there can be many things that impact our perceptions of safety. One of the challenges is that the things that can make us feel unsafe are the ones that often go unreported. These can include things like a vehicle that appears to be abandoned, graffiti or an unkept property. It can also be suspicious activity such as someone approaching vehicles and trying door handles or peering in house or garage windows. It could be a vehicle driving through the area over and over at odd hours or a broken window. It can be easier for you to recognize when something seems out of the ordinary because you are most familiar with your community. These types of occurrences can be unnerving and when they go unreported we put the police at a disadvantage because they rely on us to tell them what seems out of the ordinary. Your report is a valuable piece of information, and each time you report, the chances of preventing or solving a crime improves.

Here is how you can help:


- Get to know your neighbours and the vehicles that belong in your neighbourhood. When you know the people who are from your area you are better able to know when a car or person appears to be out of the ordinary.
- Pay attention to your surroundings as you move through the neighbourhood; note the little details like an open garage door or back gate. Be aware of potential hiding spots, recent vandalism, burned out street lights or unsightly garbage.
- Take action, if you see something unusual;
  - Call **9-1-1** if it is an emergency where life, safety or property is in immediate danger or there is a crime in progress.
  - Call the non-emergency line with concerns or information on a previous crime **780-423-4567** or **#377** (on mobile devices).
  - Remember that certain crimes, like theft from a vehicle or damage to property, can be reported online at [www.edmontonpolice.ca](http://www.edmontonpolice.ca) or by using the **EPS Mobile App**.


### #9pmRoutine

Do your part in protecting yourself, your family and your home from property crime. Set your phone alarm for 9 p.m. every evening and be part of the #9pmRoutine.




Empty your mailbox and retrieve packages from your porch.







Turn on your exterior motion sensor lights.




Put away and lock up any items that are in the yard.



Close and lock your garage, garden gate, shed, doors and windows.



Remove valuables from your vehicles, ensure windows are closed and doors are locked.



NEIGHBOURHOOD  
Empowerment Team

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A partnership of the City of Edmonton, the Edmonton Police Service, The Family Centre of Northern Alberta, and the United Way of the Alberta Capital Region.

- Graffiti, burned out street lights, unsightly or unkempt properties can be reported to the City of Edmonton by calling **3-1-1** or the **Edmonton311 App**.
- Share the information you have on crime prevention strategies, such as in the Crime Prevention Through Environmental Design (CPTED) Guide, contact NET for a copy. Let your neighbours know when their gate or garage door is open or if there is something that makes their property vulnerable.
- Stay up to date on reported crimes in your area by accessing the Edmonton Police Service's Neighbourhood Crime Mapping tool

at <https://www.edmontonpolice.ca/CrimeFiles/NeighbourhoodCrimeMapping>.

We all want our communities to be as safe as possible. Even the smallest piece of information can help reduce crime and disorder. If you would like to learn more about community safety and crime prevention contact the Neighbourhood Empowerment Team (NET) online at [https://www.edmonton.ca/residential\\_neighbourhoods/fire\\_safety/neighbourhood-empowerment-team](https://www.edmonton.ca/residential_neighbourhoods/fire_safety/neighbourhood-empowerment-team).

*The Neighbourhood Empowerment Team is a partnership of the City of Edmonton, the Edmonton Police Service, The Family Centre of Northern Alberta, and United Way Capital Region.*

## Butler Memorial Park is open!

City of Edmonton

The new and improved Butler Memorial Park will soon have a few new improvements for you to enjoy! If you have not had a chance to visit the renewed park, it includes new walkways, light posts, benches, landscaping and a natural play area for children. The space also includes a new plaza that will help make the park an arts and culture hub for the community. Although the improvements to the park have been a huge success, city staff will be making a few changes to make the park even better. A new path emerged through Edmontonians walking through sod, so the city is constructing a new concrete path in this space to make it easier and safer for transit users to get from the northwest corner bus stop to the east side transit centre. The City will also ensure a maintenance team deals with graffiti as well as snow removal. The improvements don't stop there! You will soon see the installation of colorful art painted on the concrete walks. This artwork is being coordinated by the Edmonton Arts Council. The new and improved space will be enjoyed year round as a welcoming, colorful and inviting space for visitors to connect with friends and family.





Stony Plain Road Business Association

From September 16th to 26th, 2021, the Stony Plain Road Business Association will be putting on a socially distant event called SPR: Emerge. In an effort to increase pedestrian traffic in the area and show participants what the area has to offer in the process. The event is composed of two parts: the first being an installation of vinyl art onto the windows of the Stony Plain Road area, and the other being a display of original, 2D artwork at a vacant storefront located in West Block Glenora (14105 West Block Drive). Vinyl artwork displays created by local emerging artists will be in six different locations in the Stony Plain Road area. You can find these locations on the SPR: Emerge map! Thank you to our participating

businesses: Apache Seeds, Cafe Neo, Cantiro (West Block Glenora), The Gilded Rabbit, International Center of Early Learners & Development, Select Cannabis and Variant Edition Graphic Novels & Comics. Also, a special thank you to the contributing artists: Sofia Capettini (IG: @sofiadesigns), CJ Harrison (IG: @silethaaa), San Juson (IG: @\_sanmjay), Jenelle Leblanc (IG: @jenelledesign), Angel Poon (IG: @agpoondesign), and Paul Twa (@paultwa).

**Enter for a chance to win!**  
Between September 16th to 26th, 2021, snap a photo at one of the art locations and share on social media by tagging @stonyplainroad or email spanneditor@gmail.com to be entered to win a prize! Contest closes on September 26th, 2021 at midnight.



Map for SPR: Emerge Event designed by Artist, Paul Twa. IG: @paultwa, Website paultwa.com.

# Snapshots of SPR!

Send in photos to [spanneditor@gmail.com](mailto:spanneditor@gmail.com).  
All ages and skill levels are welcome!



Photo of water station located on the south side of Butler Memorial Park (100a Avenue, East of 158 St NW) that was installed by the City of Edmonton to provide clean drinking water to community members. This water station is available until October 31, 2021. Photo submitted by Cole Gerritsen.

Have your  
snapshots  
featured in the  
next issue of  
**SPANN!**



Photo of interior of Funky Petals (17006-100 Ave NW). Photo submitted by Kyle Tibayan.



Photo of Jack Horan Park (16919-99 Avenue NW).

Photo submitted by Megan Lala.