

SPANN



Serving the communities of Britannia-Youngstown, Canora, Glenora, Glenwood, Grovenor and West Jasper Sherwood

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Located on Stony Plain Road and 149th Street for years, Kindred Spirits Hemp returns to the area with a new location and concept. SPANN had the opportunity to engage the owners, Dave Molloy and Looi Yap, to learn more about their experience navigating the pandemic and adjusting to the new norms that still linger afterwards.

When did you start your business, and what made you choose to start a company in this industry?

2001; I had read Jack Herer's expose "The Emperor Wears No Clothes" and came to the understanding that hemp had the potential to replace environmentally devastating industries. The local market was under-represented, and retailers were selling imported accessories made from unsafe materials like lead and other non-food-grade materials.

How did your business fare during the beginning of the COVID-19 Pandemic?

We had struggled during the prior construction work in the area during 2017 and 2018. Anticipating a similar situation with the construction of the Valley Line LRT, and COVID-19 looming large, we decided it was time to look for a new location.

What was your breaking point during the pandemic?

With restrictions mounting, the light at the end of the tunnel looked pretty dim. Giving up, sadly, became a possibility, and for a while we actually gave up on looking for a new location.

What was the turning point? When did you decide it was feasible to reopen?

Restrictions were lifted, and folks started to venture out again. We had always figured our shop concept would be well suited in a quieter setting like a house. When this location came up, we decided that now was the time to relaunch.



Kindred Spirits Reborn

Reimagining a business after COVID-19

Were there any specific difficulties reopening?

None actually, aside from the heavy lifting and trying to downsize from eight showcases to four. I have to say engagement with the folks at City Hall, the fire department and Alberta Health Services was great! They were very patient, and helped me understand why certain steps and processes needed to be done a specific way.

On the other hand, we are now located off the beaten track, and do not have an established social media presence yet, so it has been a slow start. And I am concerned that restrictions may be recommended again in the future.

What factors were involved in choosing your new location?

We've lived and worked on and around Stony Plain Road for almost 25 years, and have been aware of the

demographics in this area for a while. We're also not the most "traditional" business owners, and when this converted home became available, we decided to take that chance.

What services or products have you traditionally offered?

Traditionally we've offered hemp products like rolling papers, clothing, food, soaps, and incense. We've been paying the rent by selling food-grade accessories for cannabis use from reputable suppliers. Although, it's getting more difficult to source items from makers and distributors that we can speak with directly and who have proven and time-tested products. I refer to our products as "hippie stuff" in general.

What do you think is the significant challenge facing small businesses today?

I think COVID provided a reason for people to stay indoors. Combine that with the convenience of social media and online shopping and a lot of

people feel more comfortable staying at home. On the other hand, although it might seem safer, sitting at home for weeks on the couch munching burritos is not a healthy way to live. There's been a shift in public thinking since COVID, and it's up to business owners to respond and react.

What would you like our readers to know?

We've been in the area for decades - Our new location at 15608-103 Avenue is a bit off the main shopping along Stony Plain Road, so it's been a bit of a slow start. But, our new location includes a cozy neighborhood cafe offering reading supplies, backgammon, a crib board, and more. With local community support, we'd like to eventually host small concerts for 15-20 people. We'd love to become a bit of an art-house, forging relationships with local artists and musicians. You can reach out to us at kindredspirits@email.com, or 780-489-6787.

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Shop With The Heart Pg 9

Keep Active This Winter Pg 10

Editor's Notes

Justin Keats

Winters' chill often seems to spur thinking of the future, and we wanted to ensure our readers have the opportunity to reflect on what's important to them and consider how they'll get there. The theme of this issue, "New Year, New You", allows our contributors to focus on the net-positives in our lives, while also offering various activities and groups that focus on our individual personal well being. I hope you find some of their suggestions and content useful.

Our cover story chronicles the return of Kindred Spirits, providing a window into the struggles that business owners across the area have encountered due to the COVID19 pandemic and its aftermath. We also have several LRT-related articles from Marigold Infrastructure Partners offering updates on construction, and the City of Edmonton providing contract distinctions between the two major LRT projects, along with incoming changes to the local SPR shuttle bus route.

Read updates from local elected officials such as Councillor Andrew Knack, MP Randy Boissonnault, and MLA's Sarah Hoffman and Lori Sirgudson, the latter who take the time to feature and congratulate two familiar faces for their award of a Platinum Jubilee medals: Our Executive Director, Todd Janes, and longtime contributor

Deckla Lindgren. We've featured some photos of SPRBA's "Light Up the Park" event held on December 2nd, activating Butler Memorial Park for the holidays. While nature decided not to cooperate that evening, at a balmy -27C before windchill, we still had a fun and vibrant event that emphasizes the importance of community building through placemaking. Residents were actively curious as to what was going on, and channeling that inquisitive energy is paramount to create active and vibrant streets.

The United Way, Jasper Place Family Resource Centre and the West End Seniors Activity Centre have each contributed articles highlighting various initiatives, classes, and programs. We've also curated a list of local community hall rental rates for your next big shindig.

In closing, I'd like to thank the various business owners that I have engaged over the last eight months as Editor of SPANN. Many are trying hard to bounce back from the pandemic while taking on new challenges such as the rising specter of inflation. Their dedication to their businesses, and their willingness to participate in telling their stories, provides a glimpse of how connected we all are by both local and global events. May the rest of 2022 be good to you, and all the best in 2023.

Stony Plain Road and Area News Network

FREE

SPANN

Serving the communities of Britannia-Youngstown, Canora, Glenora, Glenwood, Grovenor, and West Jasper Sherwood

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SPANN is published by the Stony Plain Road Business Association.

It is a print and online communications platform intended to connect communities and enhance a sense of place. It seeks to engage area stakeholders (residents, business owners, and agency representatives) with news and information about the area in a way that positively presents Stony Plain Road/Jasper Place as a location that is desirable to live, work, attend events, dine, and shop.

The opinions expressed in SPANN are those of the people named as the authors of the articles, and do not necessarily reflect those of the Stony Plain Road BA. Any submissions may be subject to editing for length and suitability.



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Wishing you joy, happiness, and prosperity in 2023

Todd Janes, SPRBA - Executive Director

Most of you will receive this issue in your mailboxes at a busy time, just as you begin to ready yourself for festive activities, hopefully surrounded by loved ones. Our theme is around a new year and a new you, and we hope to offer you some solid glimpses into our collective community where you can live your best life. On behalf of our Board and staff of Stony Plain Road Business Association I wish you joy, happiness, and prosperity in 2023.

The second part of 2022 felt like our organization was starting to find our bearings navigating the new parameters of a COVID / post-COVID world. I truly want to acknowledge every business and organization who partnered with us

this past year, and to each of you reading SPANN and sharing your stories. I recognize how it has been difficult for each of us and for many who carried extra burdens in the past few years.

While recruiting new volunteers for our board this year one candidate asked me what SPRBA does, and I responded with area marketing, beautification, and advocacy. I said we do our best to make running a business along Stony Plain Road easier for them and our partners to build a better and stronger community. A local economy cannot thrive without healthy and connected communities. I hope over the next year we really will be able to hit our stride working together to make Jasper Place district a walkable,

inviting and thriving mainstreet for everyone. It is a solid vision and it will take time and many hands working together.

We still have at least two full years of construction to navigate through with Valley Line West, and I hope you will help us by doing things that show the power of spending your hard-earned money in your community. Help a local food establishment during construction by dining out or ordering in once a month, or a few times a month if you are able, with our Walk or Roll, Grab & Go campaign (check out our map on the back cover!). Today's dollar doesn't stretch as far as before, and we are responding through our Young Giant marketing campaign and Big Bucks, offering

up to 30% off your purchases at participating merchants. Our business association believes that this community currency will entice you to spend your money in our neighbourhood because shopping locally makes sense and keeps our community employed and vibrant.

Finally, over the next few months we will be experiencing some new challenges and opportunities with the demolition and replacement of the bridge along SPR over Groat Road (not to be confused for the one along 102 Ave by the museum). Over the winter months I would invite you to check out Butler Memorial Park and enjoy our light up of the park, providing some beauty in our construction zone and hope for a better, brighter year along SPR.

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Marigold Infrastructure Partners: Stony Plain Road Bridge Demolition

Valley Line West LRT Project Impacts on Stony Plain Road

Shivangi Robertson, Marigold Infrastructure Partners

Marigold Infrastructure Partners is expecting a busy year ahead in 2023. Construction of the Valley Line West LRT is in full swing with even more to come in the upcoming months. Our crews are working over the winter months to prepare for many milestones in the new year.

One of the major works in the upcoming weeks is the full closure of the Stony Plain Road bridge and Groat Road. This is to begin the demolition of the Stony Plain Road Bridge to rebuild a bridge that can support vehicles, pedestrians, bicycles, and LRT traffic.

To accommodate this work, a series of short-term and long-term closures are necessary. Here's what you can expect in the months ahead:

- Long-term closure of Stony Plain Road

between 129 Street and 131 Street from December 29, 2022, to fall 2024.

- Short-term closure of Groat Road between 102 Avenue and 107 Avenue from December 29, 2022, to January 3, 2023
- Second short-term closure of Groat Road in the spring of 2023 for the installation of the new bridge

The Stony Plain Road Bridge demolition will occur during the daytime and overnight hours from 7 p.m. on December 29, 2022, to 6 a.m. on January 3, 2023. During this time, pedestrian access on Groat Road will also be closed, and pedestrians are detoured to Ramsay Ravine near Government House Park.

To accommodate the long-term closure of Stony

Plain Road between 129-131 Street, all eastbound and westbound traffic across the bridge will be closed. This will remain in effect until fall 2024. Therefore, all vehicle and pedestrian traffic across Stony Plain Road Bridge will be detoured to 102 or 107 Avenue.

Residents and businesses in the area can expect noise associated with this construction work due to the use of heavy equipment; however, Marigold is making every effort to reduce the impacts on the public.

For more information and updates on the Valley Line West LRT Project visit marigoldinfra.ca, where you can subscribe to the Marigold newsletter, or follow us on social media to receive the latest construction news.



Remembering Jonathan Cruz

02-May-1973 - 03-Nov-2022

I first met Jonathan like most business owners in that they reach out when they have concerns and issues. Jonathan was the co-founder and Director of the International Center of Early Learners & Development located just north of SPR on 151 Street. That first day Jonathan had concerns with speed limits and as we got to talking about community building, I could sense from our initial conversation that Jonathan deeply valued connections with people and the need to surround yourself with community. Certainly his life was spent building meaningful relationships with people in supportive and nourishing roles and it was clear that his passion was with children and families. He understood and exemplified the importance of stable and loving environments for children at the early stages of their lives and how creating these safe spaces were also vital for the

well-being of family units. He believed that with changing roles and shift work, and the second jobs that support many families, child care should be available beyond 7am - 5pm. Jonathan worked to build that through various business ventures.

When I received news of Jonathan's passing I paused; it affected me. I also feel that we all live on in each other's memories, and I remember vividly when Jonathan called me one June. We had talked about flowers and how we needed to review and better position flowers throughout our BIA, including our side streets. I could tell right away it was him, not because of the call display, but his enthusiasm always radiated through the phone. The flowers had been placed for the summer and their center had for the first time added a planter outside of their business and he was delighted with them. The thing that

was so exciting for him was how excited the children were because the flowers also had some ladybugs in the planter and they took that opportunity to talk with the children about ecosystems and how we all play important parts in nature. His passion for learning and care burst from him. He was thrilled with the opportunities to connect and to share with the students. Jonathan was involved in our community and he cared about community: he wrote on childcare for SPANN with zest, he advocated for affordable childcare in Alberta; he volunteered with Jasper Place Community Development to support anti-racism; and he mattered. I will miss his voice over the phone and I am certain the next time I see a ladybug, I will think of Jonathan and the intentional actions based in care.

- Todd Janes, Executive Director, SPRBA



Turkish Canadian Society of Edmonton

a proud Host Site for Alberta Culture Days in September 2022

is planning to host an even bigger event in 2023 and would love to connect with Stony Plain Area Artists!

If you are a local artist and would like to join the dance, music, and arts line up we are planning for 2023, please email turkishcanadians.edmonton@gmail.com or reach out to us through @tcs_edmonton on Instagram.

#ABCultureDays

#CultureConnects



New Temporary Emergency Shelter Spaces in West Edmonton

Councillor Andrew Knack

City Council has approved \$7.5 million from the financial stabilization reserve to fund 209 temporary emergency shelter spaces.

Jasper Place Wellness Centre (JPWC) in partnership with Tallcree Tribal Government will operate the shelter spaces at a former hotel at 15540 Stony Plain Road in the city’s west end. The shelter will include 150 congregate living spaces and 59 private rooms, increasing the number of shelter spaces in Edmonton to 1,281 once all spaces are operational.

The new 24/7 emergency shelter will open in approximately four weeks and operate for six months. People accessing the shelter will have a safe, warm place to sleep, receive daily meals and have access to health services,



Andrew Knack

harm reduction services, case management support and be connected with a housing support worker who will help them find longer term housing.

While the Government of Alberta recently supplemented its 622 permanent shelter spaces with funding for an additional 450 temporary spaces for the winter, permanent emergency shelters continue to face capacity pressures.

Homeward Trust’s By Name List indicates that more than 2,750 Edmontonians are experiencing homelessness. About 1,250 of those individuals are primarily sleeping in emergency shelters or outdoors each night.

“Jasper Place Wellness Centre believes that permanent affordable, supportive housing designed to create community inside is foundational to ending the systemic cycle of

homelessness in our city,” said Taylor Soroka, JPWC’s co-founder and vice president of strategy. “We are happy to partner with Tallcree Nation and the City of Edmonton to create safe spaces out of the cold and expedite people into housing that meets their needs in both harm reduction and recovery.”

“Tallcree Tribal Government is excited to invest in west Edmonton and work with Jasper Place Wellness Centre and the City of Edmonton in navigating historically systemic issues such as chronic homelessness that impact our communities so deeply,” said Tallcree Tribal Government Chief Rupert Meneen.

Andrew Knack

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Valley Line LRT: An Overview

Sheila Keenan, City of Edmonton

The Valley Line LRT is an urban-style, 27 km low-floor LRT line that will operate between Mill Woods in southeast Edmonton and Lewis Farms in west Edmonton. The project is being built in two stages:

- Valley Line Southeast—13 km light-rail extension from Downtown to Millwoods
- Valley Line West—14 km light-rail extension from 102 Street downtown to Lewis Farms

Who is building the Valley Line?

- Valley Line West is being built by Marigold Infrastructure Partners, consisting of team members Colas, Parsons, Standard General, Francl Architecture, Fast & Epp and Stantec.
- Valley Line Southeast is being built by TransEd, consisting of team members Bechtel, EllisDon, Alstom, and Fengate Capital Management Ltd.

Are both lines public-private partnerships (P3s)?

Yes, both Valley Line West and Valley Line Southeast are P3s; however, they’re not structured identically.

How does the Valley Line West P3 compare to the one for Valley Line Southeast?

Valley Line Southeast is a P3 that includes design, construction, partial financing, vehicle

supply, operations, and maintenance.

Valley Line West includes design, construction, and partial financing. The Valley Line West contract does not include the supply of vehicles nor does it include long-term operations and maintenance.

- Similarities to Valley Line Southeast:
 - The private financing component puts the contractor’s money at risk if they perform poorly or if they are late delivering the project.
 - Engineering design and construction are fully the responsibility of the project contractor, Marigold Infrastructure Partners.
- Differences to Valley Line Southeast:
 - Without the operation and maintenance terms, the Project Agreement for Valley Line West is much more prescriptive in the design and construction requirements.
 - Marigold will benefit from lessons learned and experience to date on Valley Line SE, which was the first low-floor urban-style LRT project in western Canada.

Will Valley Line West be delayed like Valley Line Southeast?

The majority of the City’s construction projects are on time and on budget. All City contracts have

clauses to address project delays.

For the Valley Line, the City’s role is to administer the contract and hold contractors accountable to meet the project requirements. Both Marigold and TransEd are responsible for making and sticking to construction schedules. TransEd is fully responsible for the cost and schedule of any issues within their control that cause them to be late and continues to forfeit payments every month the system is not operational.

To date, Valley Line West remains on schedule.

How can I find out more about how the City is building the Valley Line?

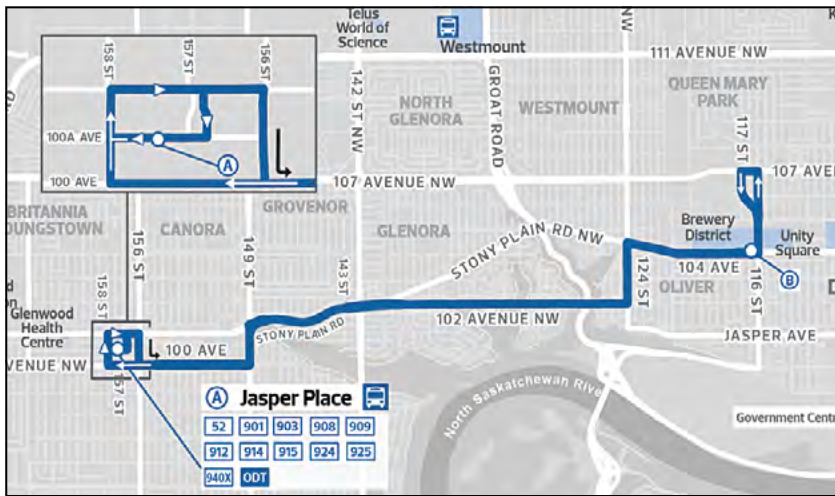
We understand LRT construction may bring disruptions and challenges to businesses and residents. One of our main priorities includes working with businesses and residents to keep you informed and to minimize impacts whenever possible. Once complete, Valley Line will be a significant addition to our City’s integrated transit network.

See progress reports and learn more about Valley Line: edmonton.ca/ValleyLine

Sign up for Valley Line Southeast construction updates: transedlrt.ca

Sign up for Valley Line West construction updates: marigoldinfra.ca

Stony Plain Road Shuttle Bus Route Changes



Starting December 4, the Stony Plain Road shuttle bus will be on detour due to the Stony Plain Road bridge replacement. This work is anticipated to take approximately two years to complete.

While bridge replacement work will not start until the end of December, ETS is starting this detour on December 4 to align with other winter service changes.

During construction, the Stony Plain Road shuttle will travel on 102 Avenue to cross Groat Road. This will lead to some bus stop closures, including at Groat House seniors’ residence. As a result, Groat House will be served by On Demand Transit service. On Demand

Transit buses will provide service between 127 Street/Stony Plain Road eastbound and:

- 116 Street and Jasper Avenue
- Corona LRT Station
- Royal Alberta Museum

Instead of Stony Plain Road, the shuttle buses will travel on 100 Avenue between 149 Street and Jasper Place Transit Centre. This will help accommodate additional bus stops during roadway changes and sidewalk replacement in this area.

While this routing change will lead to some bus stop closures on Stony Plain Road, ETS will be opening alternative stops starting December 4.

News From the Ledge:

Recognition of Community Leaders



MLA Lori Sigurdson
Member for
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Housing and Critic for
Mental Health and
Addictions
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As Queen Elizabeth the Second celebrated 70 years of service as sovereign, elected officials in commonwealth countries around the world have presented Platinum Jubilee medals to community leaders in recognition of their service to our communities, province, and country. We were honoured to recognize two leaders with this distinction connected with the Stony Plain Road and Area News Network (SPANN).

Deckla Lindgren is a very active member of the Canora community. Deckla and Jack, her husband of 60 years, have lived in Canora since 1969. Deckla was one of the original members of the Neighbourhood

Improvement Association which helped establish Canora Gardens (GEF Seniors' Housing) and St. Anne's Park.
Deckla also regularly canvases for Cancer and the Heart and Stroke Funds. She continues to serve on her community league board and helped found Canora Park Watch. Park Watch keeps the parks lively and provides free and low-cost activities for families in the area including the Easter Egg Hunt at St. Anne's Park and a summer carnival at Canora Park. Canora is a vibrant and engaging neighbourhood because of volunteers like Deckla.

Todd Janes is the Executive Director of Stony Plain Road and Area Business Association and has been a tireless advocate for Alberta's arts, culture and business communities. Previously, he served as the Executive Director of Latitude 53, Alberta's oldest and largest artist-run centre. He was also president of the Alberta Association of Artist-Run Centres and advocacy chair for the Professional Arts Coalition of Edmonton. His strong roots in the arts and culture sector in Edmonton have carried massive influence and helped to shape the vibrant arts community that the city enjoys to this day.
During his tenure at Stony Plain Road and Area

Business Association, Todd has brought energy and a spirit of collaboration to the organization. Under Todd's leadership, Stony Plain Business Association has successfully supported the transformation of a historical service corridor into an innovative and diverse Main Street. Through his service, Todd has demonstrated his continued commitment to supporting the businesses of Stony Plain Road and the adjacent communities.
Our communities are grateful to both Todd and Deckla for their leadership and service. They are certainly worthy recipients and we look forward to seeing them at more fun events in the area this holiday season.



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Looking Forward to 2023

Randy Boissonnault, MP

Dear Neighbours,
With the Fall session in the House of Commons coming to a close and in keeping with the theme of "New Year, New You," our government will continue to support small businesses, families and Edmontonians as the world economy faces uncertainty as a result of Putin's illegal war in Ukraine and the resulting global inflation going into 2023.
Stony Plain Road has always been a vital corridor in our city, connecting downtown with West Edmonton Mall, and home to so many fantastic small businesses and thriving communities. Ensuring that the many small businesses that call this area home and keep our city vibrant & attractive are supported through this period of economic uncertainty is of utmost importance to the Government of Canada. In Budget 2022, we expanded the Small Business Tax deduction, which introduced a limit to the tax rate that small businesses pay on their first \$500,000 to 9%. This measure will incentivize businesses to continue to grow and create jobs even in an



Randy Boissonnault

unpredictable economic climate.
Russia's unprovoked war has been extremely destabilizing to the world economy, especially in places that have depended on Russia or Ukraine for energy, food, and materials. This aggression is redrawing global trade and is leading governments and businesses to push further into renewable energy, clean alternatives, and sustainable practices. Our government is investing into Canadian communities and businesses to ensure that we are at the forefront of the evolution of energy. Recently, we announced the development of a new \$1.6 billion hydrogen production plant right here in Edmonton, the largest net-zero facility of its kind in the world. This will position Edmonton as a world-leading hydrogen hub and will attract jobs and investment into our province for years to come.
In light of all the geopolitical uncertainty, many Edmontonians are struggling. Starting December 1, families making less than \$90,000 per year across the country will be able to

access \$1,300 over two years to help cover dental expenses for their kids. This is the first step in our plan to build a Canada-wide dental care program that covers all Canadians, because we know that oral health is a gateway to overall health. We also doubled the GST tax credit to put an extra \$234 in the pockets of single Canadians without children, up to \$467 for couples with two children, and an average of an extra \$225 for seniors this year. On top of this, we also increased the Canada Child Benefit and enhanced the Canada Workers Benefit to put more money in the pockets of Canadians.
Whether it's helping families pay rent, to making sure people can afford the dental care they need, to putting hundreds of dollars back in the pockets of people and families across Canada, to cutting childcare fees across the country by an average of 50% this year: we will be there for the Canadians who need it most, without adding to inflation.
Wishing you a safe, healthy, and prosperous 2023!

Randy Boissonnault, PC, MP
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Visit the SPR Website!

• Business Directory • Blog Posts • Community Calendar • Members Only Resources and More!
stonyplainroad.com



A big Stony Plain Road thank you to those who braved the cold for **Light Up The Park** on December 2nd, 2022 - Our first holiday light event! SPRBA recognizes that initiatives like these activate our community spaces and are important in building character and encouraging a sense of place. A big thank you to our amazing performers - Amanda Panda (left) [@panda.hoops](#), The Flowarrior (top right) [@the.flowarrior](#), and Jordan Sabo (bottom right) [@pinwheel.circus](#), along with the City of Edmonton and Five Star Lighting Design. Follow SPR on [Facebook](#), [Instagram](#), and [Twitter](#)! [@stonyplainroad](#)
(Photo credits Deeana Eng.)

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Rising Need for Winter Coats as Temperatures Fall

Laurie Callsen, United Way of the Alberta Capital Region

Inflationary pressures, the rising cost of living, and increased newcomer settlement to the Edmonton region has created a high demand for the Coats for Kids & Families program to provide warm winter gear to those who cannot afford to buy it.

This year, United Way of the Alberta Capital Region is hoping to collect 9,000 winter outerwear items through its annual collection drive in support of local individuals and families.

"With everyone still struggling, we're anticipating that we will see a spike in demand," explains Suzi Medhurst, United Way's program manager for Coats for Kids & Families.

Donating new or gently used coats, snowpants, mitts, boots, or hats will greatly help United Way meet the urgent needs of people across our region.

More than 30 local organizations have already reached out to distribute coats to people in need.

More winter gear needed to help newcomers adapt to Alberta

Shari-Lynne Gidyk is the Executive



Volunteers for the Coats for Kids & Families program sort winter outerwear items at United Way's InKind Exchange before distribution to community members via local agencies.

Director at Family Futures Resource Network, a non-profit with locations in Edmonton's southwest, southeast, and west neighbourhoods that provides parenting resources and wraparound services including food security supports, mental health services, home visitation, and more.

Family Futures Resource Network has been a Coats for Kids & Families distribution site for 22 years, giving out coats to an average of 150 families per year. This winter, Shari-Lynne and her staff are already hearing from families, especially newcomers to Canada,

looking for help to keep warm as temperatures drop.

"Ukrainian families are coming — many of them were escaping the country so they didn't come with all the things they needed. Now they need coats and warm winter gear. It's all encompassing," Shari-Lynn says.

An important part of providing winter gear is the educational aspect. Adapting to Edmonton's unpredictable weather means newcomers must learn about layering, so they can be comfortable no matter the temperature.

As a small non-profit, Family Futures Resource Network appreciates United Way's in-kind donations so they can focus on delivering frontline services.

"United Way and Coats for Kids & Families are filling a niche that we can't fill ourselves — that collaboration between nonprofits and United Way is crucial," says Shari-Lynne.

Nearly 70 drop-off locations across the region to help families in need

This year, there are nearly 70 collection sites where folks can drop-off clean, gently used or new winterwear located across Edmonton, St. Albert, Leduc, and Strathcona County including :

- City of Edmonton recreation

centres, attractions, and Eco Stations

- The Edmonton Christmas Market
- Co-Operators locations
- Bubbles Car Wash locations
- Sentinel Storage locations
- Page the Cleaners locations

Support through monetary donations, sponsorship, and volunteering is also critical to meet the increased need in community.

Volunteers sort coats to make sure items are in good condition and functional. Dirty coats are sent to the program's sponsor, Page the Cleaner, but damaged winterwear donations are recycled, as United Way doesn't have the means to repair them.

"Because we serve such a diverse population from infants to adults, it can be challenging to make sure that the donations we receive are equitable and meet the needs in community," says Suzi Medhurst. "Monetary donations help us bridge that gap in a responsive and dignified way by covering any shortfalls."

Find a Coats for Kids & Families drop-off location or donate at coatsforkidsandfamilies.ca to give the gift of warmth this winter season. People in need of winter outerwear can find a local distribution centre by calling or texting 2-1-1 or visiting ab.211.ca.



Donations of clean, gently used winterwear can be dropped off at more than 70 locations across the Edmonton area that are hosting Coats for Kids & Families donation collection boxes.



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HAPPY
Holidays

West Edmonton Community League Updates

Michael Goth, City of Edmonton

WinterCity Events Guide

The City of Edmonton strives to provide quality recreation and entertainment opportunities in all seasons. Embrace living in a Winter City by checking out our Winter Events Guide, and attending upcoming fun and free events! More information inside about the Edmonton Christmas Market, the CP Holiday Train, Zoominescence, and more! <https://www.wintercityedmonton.ca/events/>

Play Rangers Program

Program leaders are excited to share an adventure with you that will include fun activities, all taking place during fall, winter and spring. Get ready, get set and let's go! Your family does not want to miss out! Play Rangers focuses on children and family participation, with planned special outdoor recreational activities that can be enjoyed by all. Children 6-12 years old are welcome to attend on their own. https://www.edmonton.ca/activities_parks_recreation/play-rangers-program



Michael Goth

Participating in, Arts, Sports, and Society (PASS) is a project aimed at identifying and addressing barriers that prevent racialized youth (including newcomers) from accessing sports activities. This goal is reached by implementing different activities and events such as Community Information Sessions (CIS), introduction to new sports events, anti-racism education, and a forum of stakeholders. For more information on this program, contact Aisulu Abdykadyrova: aisulu.abdykadyrova@a4hc.ca

New Afterschool Youth Pass

Get access to all City of Edmonton fitness centres, pools, gyms and more! Valid for youth ages 8-17 on weekdays only. Must scan in or drop in between 1-5:30pm. Monthly memberships for the after-school youth pass are just \$15/month or drop-in for \$2/day. For more information, visit edmonton.ca/AfterschoolYouthPass

Abundant Community Edmonton - "Creating a Neighbourly Vibe" Workshop

Interested in getting more connected on your block, building floor or cul-de-sac? Join Neighbourhood Services / Abundant Community for a workshop on creating a neighbourly vibe! The "Creating a Neighbourly Vibe" workshop is held twice per month. See www.edmonton.ca/programs_services_for_communities/abundant-community-edmonton for more info!

Upcoming Workshops:
Jan 12, Thu, 1:30 PM - 3:00 PM
Jan 26, Thu, 6:30 PM - 8:00 PM

Michael Goth is the Neighbourhood Resource Coordinator ward Nakota Isga and the neighbourhoods of Canora, Jasper Park, High Park, Mayfield, West Jasper Sherwood, Britannia-Youngstown, Glenwood, Crestwood, Parkview, Meadowlark, and West Meadowlark. You can connect with him at 587-986-5755 or e-mail: michael.goth@edmonton.ca

Local Community Hall Rentals

Please confirm with leagues regarding insurance, liquor license requirements, and other specific details.

Britannia-Youngstown

www.bycl.ca

Three rental options available:
Main Hall, Skating area (complete with skates and equipment), and a boardroom
Capacity: 150
Large kitchen (dishes available to rent)
Rates for league members / non-members:
Monday - Thursday \$100 / \$150 day
Friday & Saturday \$300 / \$350 day
Sunday \$250 / 300 day
Boardroom (downstairs) \$50 / day
Skating Room and Skating Ice (without equipment) \$100 / hour
Security Deposit: Same as rental fee.
Inquiries: Review availability on www.bycl.ca, contact kskbritannia@hotmail.com to confirm.

Glenora

www.glenoracl.com

Hall under renovations, unavailable at this time.

Canora

mycanora.com

Capacity: 271
Rates: Hourly (2hr min 4 max) \$75.00
Day Rental \$400.00
Fri 5pm / Sat 2pm \$500.00
Weekend Rental \$750.00
Extra hours charged at \$75.00 per hour.
Inquiries: 780.489.6007, rental@mycanora.com

Glenwood

glenwoodcommunityleague.com

Recent upgrades to the hall include a renovated kitchen and new accessible washrooms, new tables and chairs.
Capacity: Standing 105, seating 85-90
Rates for league members / non-members:
Mon - Thur: \$125 / \$225
Fri - Sun: \$225 / \$425
Sun hourly: \$50
Inquiries: 780-489-7571, glenwoodcommunity@hotmail.com

Grovenor

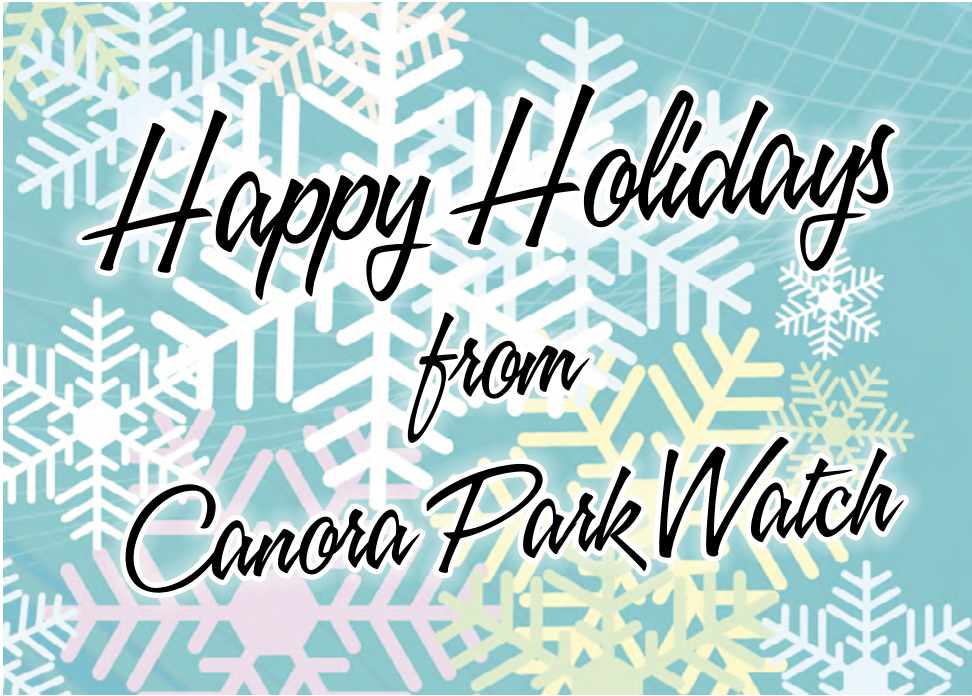
www.grovenor.ca

Rates for league members / non-members
Day rates: \$175 / \$250
Hourly: \$25 / \$35
Kid's Birthdays (4 hours): \$50 / \$75
Security / Cleaning Deposit: \$200 (cheque)
Inquiries: review calendar on website, apply at <https://goo.gl/forms/ciLQpmeBCvDKeVeb2>

West Jasper Sherwood

westjaspersherwood.ca

Features a full stage and sound system.
Kitchen with commercial refrigerator and two stoves, one w/ double ovens.
Capacity: 180 seated
Rates for league members / non-members:
Saturdays: \$425
Hourly: \$60 / \$100
Inquiries: 780-919-6069, westjaspersherwoodhall@gmail.com



Deckla Lindgren

It is amazing how fast the year has gone. Although 2022 has flown by, it was a very good year for Canora Park Watch. All of our events were well attended, exceeding previous years and we had the opportunity to meet many new residents of Canora. We have already started planning our first event for 2023, which will be the annual Easter Egg Hunt on April 8th. We are looking for additional volunteers to assist with the events for the upcoming year as they are getting bigger every year. If you are able to help and are interested please contact Deckla at jatec2002@telus.net. Thank you for supporting Canora Park Watch. May the holidays find you in good health and good spirits. Seasons greetings and we look forward to seeing you in 2023.

Parent and Caregiver Guidance at Jasper Place Family Resource Centre

Pam Gudmundson, Program Director

A meltdown in the supermarket... arguments and negotiating at bedtime...biting, hitting or fighting... maybe throwing food and arguing at mealtimes...swearing or skipping school? If you can relate to any of these experiences as a parent or caregiver – we may be able to help.

Every caregiver, at some point, experiences times when feeling challenged by their child's behavior. Jasper Place Family Resource Centre offers a variety of opportunities for caregivers to connect to supports at any time along their parenting journey.

An array of programs and services support caregivers of children aged 0 – 17 years. Everything from prenatal support to group seminars that share information about positive parenting and raising resilient children. Parenting groups that create safe spaces for people to build connections with one another and share as they feel comfortable. One on one opportunities with experienced parenting facilitators

support caregivers to develop plans to address common parenting challenges. Supports that are more intensive are also available for those that may be experiencing complex behaviours. Programs and services are free of charge, and offered during daytime, evening and weekend hours both in person and online at a variety of West Edmonton locations to make access convenient.

Meeting families where they are at, and building off their strengths, is an important piece of the work we do.

Some feedback from participants: ...I have more understanding of positive parenting and moving forward with my child's ongoing development.

...My experiences with Jasper Place Family Resource have made a big difference for my family. I have a community that supports me through my parenting. I feel much more confident as a Mom that can handle challenges and provide quality care for my children.

To learn more, please call 587-635-1775 or email jpfmrhub@jasperplace-cfrc.com

Mayfield Flowers

Save 10% on in-store orders!

Valid December 15th 2022 - January 31st, 2023

Please bring advertisement into shop to redeem.

☎ (780) 489 8448

✉ info@mayfieldflowers.com

📷 @mayfieldflowers.yeg

📍 16620 109 Ave NW
Edmonton, AB

Shop With The Heart: Shop Local!

Duke Nguyen, SPRBA

For many, December is the time of year to reflect, take a breath, and enjoy quality time surrounded by family and friends. Considering the trials of COVID-19, this season is the first chance for many to re-engage with their loved ones in person, perhaps increasing that desire to find them the “perfect gift”. But rather than rushing to Amazon, consider shopping local, hit “two birds with one stone”, support locals, find your deal, while being able to give more during this “Santa Clause” season.

Here are some reasons why you should shop local, and how it helps:

1. Find unique goods and services

Shopping locally allows you to discover distinct foods, fashions, and more. There are some real hidden gems in the antique and thrift shops across the Stony Plain Road area - Finding one-of-a-kind treasures is a gift in itself when you shop local!

2. It helps protect the environment

Less time and resources shipping products from other locations means

fewer emissions are associated with every purchase. Today's expectation of next-day-delivery via online shopping is incredibly intensive on the environment.

3. You're supporting the local economy

A dollar goes much further when spent at a local level. It pays the wages of local employees, while also spreading further across the local economy when both employees and owners spend their money in the community. Check out the back

cover of this issue of SPANN for SPRBA's “Walk or Roll, Grab & Go!” campaign, highlighting local food vendors particularly impacted by LRT construction!

4. Help out when at home!

We can thank the businesses that we love by putting them on the map - Leave a positive Google review of your favorite shop! You can also like, follow, and tag them on social media, which helps build their profile and online reach to other local customers.

Adult Activities at WSAC!

Lorena Smalley, WSAC Community Engagement Manager

When people hear “senior centre” they often visualize older adults with walkers or canes, or someone needing assistance. The Westend Seniors Activity Centre (WSAC) is working hard to change the way these words are perceived. “Our centre is a vibrant, fun place to be and if you are aged 55+ or know someone who is, I hope you will come and see what we have to offer,” says Dr. Haidong Liang, Executive Director of WSAC.

Visit www.weseniors.ca for a variety of programs. “We have over 100 classes, hosting events throughout the year,” says Liang. “We are very fortunate to have a full woodworking

shop, and a games room with pool and ping pong tables. Our Community Cafe is open to the public so it is not uncommon to see over 50 people enjoying lunch each day”

Memberships are \$50.00 a year, giving individuals access to all programs. Some activities are open to the public such as WSAC's “Toonie Talk” series. These educational presentations do not require you to be a member or senior to attend. Experts discuss topics on estate planning, tips on moving or downsizing, and other topics for older adults and their families. Fun presentations include how to use walking poles, gardening, painting tips, and wine tasting.

WSAC also hosts free annual public events. Our WESeniors Amazing Race and Challenge will be held in September 2023. Everyone gets a map and spends the day visiting our business partners who have fun games prepared. In 2022 we had over 100 participants and it was a fantastic day for everyone, participants and partners alike, with over \$600 in prizes! If you are aged 55+, we encourage you to stop by our centre. Staff will give you a tour and a copy of our Program Guide. We can also answer any questions you have and help you find a class for your individual fitness level. Our centre is kind of a hidden gem here in Edmonton - Come by and say hi!

Memories of Jasper Place

Community members reminisce.

Paula E. Kirman

For this issue, we decided to look at the history of Jasper Place in the words of people who lived in the area prior to amalgamation with Edmonton. Questions requesting people’s memories of experiences and events in Jasper Place were posted on a number of social media platforms. For reasons of privacy, only first names are being used. Quotes have also been edited for grammar and clarity.

“I was born in an Edmonton hospital but raised in Jasper Place (Meadowlark School area). I remember the Jasper Place sign used to be on top of the Revolution Cycle store on Stony Plain Road. We got our first puppy from the pet store in that strip by the bowling alley,” says Myra.

Joe recalls: “In the winter I would walk over to [the old] Loblaws [built in 1958 across from the Safeway at Jasper Gates], grab some cardboard, and go tobogganing just to the right of it (before the ravine was filled in). In the early days, JP had a lot of older housing that utilized outhouses. Well, a couple of buddies and I would go out and tip outhouses. We also used to bumper ride the buses and cars too, if the windows were frosted up. But best of all, I remember going shopping on Saturdays with the parents on Stony Plain Road (better known as “The Strip” back then).”

“After sledding season, that ravine was paved with cardboard. We spent hours and hours there,” adds Donna, who also remembers the annual fair on the Case land on 151st Street and 100th Avenue which she attended in 1956 or 1957. “We lived just one block west of that fair. One lucky boy on our street got paid to peel some potatoes for a food hut.”

As Terry explains, “Before Loblaws, the Case house was down on the Creek. They filled it in and built Loblaws, to compete with Safeway.”

Sara lived on 156th Street in Edmonton after amalgamation. However, she says, “some of my neighbours there were original home owners from the 1950s-60s. It was neat to hear their stories about the houses and the neighbourhood. One of them actually built many of the houses, and I remember one story where they dug tree saplings from the river valley to plant in their yards.”

“My dad built the house on 152nd Street (it still stands) in 1953,” says Donna.

Kate also lives in the area post-amalgamation, but has absorbed its history. “I live in Mayfield, which would have been part of Jasper Place at the time before amalgamation. I have [lived here] for the past almost 20 years. Much lost history here. Our basement furnace room has a sticker on the wall stating the house was built in Jasper Place. The TD bank on the corner of 170th Street and 107th Avenue has a huge mural inside of a photo of a Jasper

Place parade.”

Jon has some second-hand stories via his wife, who “lived in two different houses in Jasper Place when she was really young, in the latter half of the 1950s. Her father, who passed away a year and a half ago, told me that the streets were essentially mud, and either the first or both houses only had an outhouse, even though there was a sewer line in the alley. He told me that the first house cost him \$500 as it had been seized by Jasper Place for back taxes. And that his first job was to run a sewer line from the alley to the house. One of the houses was later bulldozed to expand 149th Street.”

Did you live in Jasper Place prior to amalgamation? We would love to learn about your memories. Send us your stories: jasperplacehistory@outlook.com

Paula E. Kirman is a freelance writer who grew up, and still lives, near the Jasper Place area.



Canora Tot Lot Opening Parade along Stony Plain Road, 1956. Courtesy the City of Edmonton Archives, EA-10-1085.

Keep Active This Winter!

Justin Keats

William Hawrelak Park
Accessible until end of Feb, 2023
9330 Groat Rd NW
COST: FREE

This winter season is the last chance to enjoy the park before an extensive rehabilitation project will shut it down for approximately three years. Enjoy skating, nature hikes, etc. Shut down after the Silver Skate festival in February 2023.

Winter Walk Day
Feb 1, 2023 Cost: FREE

WinterActive, a federal government sponsored program, spurred the creation of Alberta’s Winter Walk Day in 2006. The goal of the event is to get more Albertans physically active outdoors during the winter. WinterActive no longer exists but Winter Walk Day is still going strong, with more than 800 organizations and 100,000 participating in last year’s event.

Full details and registration at winterwalkday.ca

Silver Skate Festival
Feb 10, 2023 - Feb 20, 2023
Hawrelak Park, 9330 Groat Rd NW
Cost: FREE

Edmonton’s longest running winter festival creating winter experiences in Edmonton’s Hawrelak Park for over 30 years! What began as a small annual skating event rooted in Dutch winter traditions has blossomed into an all-embracing celebration of winter sport, art, music, and recreation. Each year, attendees have beheld Hawrelak Park transformed into a mosaic of winter fun for the entire family! Check out the various activities starting in February 2023 at silverskate.ca

Candy Cane Lane
Dec 9, 2022 - Jan 1, 2023
148th Street from 99th to 92nd Ave.
Cost: FREE for general viewing

Many elves have been working hard to ensure this special event is available again this year. Enjoy the sights and sounds by foot or in your

vehicle beginning on December 9th and lasting until New Year’s Day! We are very pleased to announce that YEG Candy Cane Lane will be hosting three open street nights. On December 10, 17, and 23, Candy Cane Lane will be closed to vehicles from 5pm until 11pm. Dec 9-11, 16-18 & 21-23: Sleigh rides, fire pits and food trucks. Lights are turned on from 6 - 11 pm. Please remember to bring donations for the Food Bank! Green donation bins will be set up along the lane to drop off your Food Bank items. More info and specific bookings at: yegcandycanelane.com

YEG Snowman Army Contest
Louise McKinney Park
Nov 28, 2022 - Mar 15, 2023
Cost: FREE

Help create a snowman army in the heart of the river valley! Come on out, enjoy some winter fun and flex those creative muscles - partake in the great Canadian past time of building snowmen! Let’s fill the

field up with all shapes and sizes of snowmen! Make a snowman in the park to be entered into the contest to win one of two grand prizes! The contest runs until March 15th, 2023. Full contest details: www.rivervalleyadventure.com

Polar Plunge Registration Opens
Oct 17, 2022 - Jan 28, 2023
Cost: \$50 registration fee, \$25 tax receipt.

Registration for the 2023 IN PERSON Polar Plunge is now open! As the name implies, the Polar Plunge is a winter fundraising event whereby individuals have the “honour” of bravely jumping into freezing cold waters in the middle of the bitter Alberta winter. We have an ambitious fundraising goal of \$150,000 this year, and we know that with our great supporters’ help we can smash that goal.

Let’s all get #FreezinForAReason in support of Special Olympics Alberta! Are you ready to #taketheplunge2023?

More info at: soa.crowdchange.ca/26896

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That's up to 30% off!**



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stonyplainroad.com
/the-young-giant**



Check out these BIG BUCK MERCHANTS!

Ben's Meats & Deli
15726 Stony Plain Road

Little Village
14816 Stony Plain Road

Best Donair
15043 Stony Plain Road

Martin Food Store
10134 156 St NW

Boston Pizza
180 Mayfield Common NW

Neo Juicery
10062 151 St NW

Cafe Rista
14213 103 Ave NW

Nurture Kitchen & Café
155A - 10045 156 St NW

Celebrate Gluten Free
15213 Stony Plain Road

Ritualistics
15804 Stony Plain Road

ch. cafeteria
14802 Stony Plain Road

Rendezvous Pub 49
10108 149 Street

Doggy Style Deli
15131 Stony Plain Road

Revolution Cycle
15103 Stony Plain Road

El Corazon
14107 West Block Dr

Square 1 Coffee
14055 West Block Dr NW

Foody Mart
10008 156 St NW

**Variant Edition Graphic Novels &
Comics**
15129 Stony Plain Road

**The Gilded Rabbit Art and
Framing**
10104 149 Street NW

Yans Flowers
14716 Stony Plain Road

And stay tuned for more!

Advertise with SPANN



**and reach thousands of households in the
Jasper Place/Stony Plain Road area.**

**Contact spanneditor@gmail.com
for more information!**



WELCOME!

**Take a look at these new businesses who
now call the Stony Plain Road area home!**

Balance Massage
10032 - 164 Street NW

Leather Outlet
16625 - Stony Plain Road

Hey Bud Retail Cannabis
15820 - Stony Plain Road

Sucré Body Sugaring
180 - 14101 West Block Dr NW



**Herrington's Luxury
Floral Design**
130 - 14055 West Block Dr NW

Super Liquor Hub
15808 - 100 Avenue NW


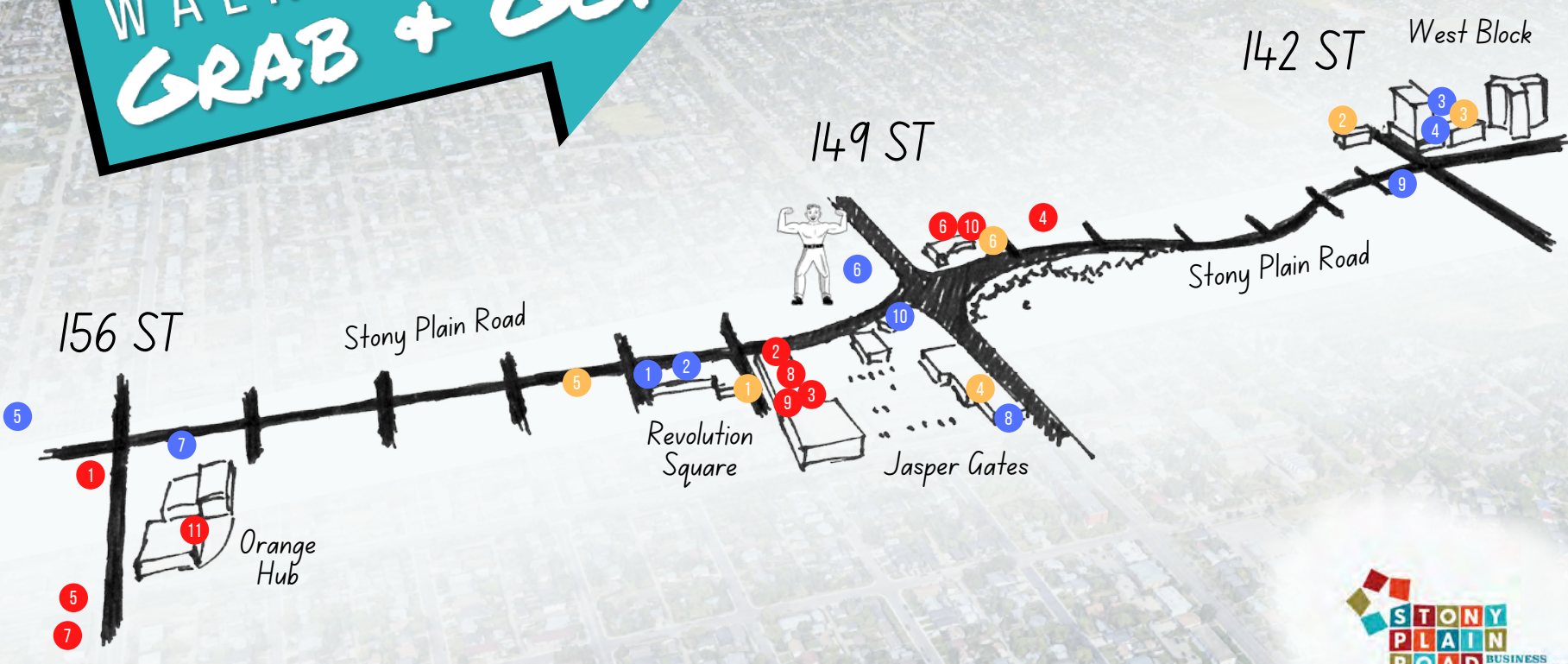
La Copa Sports
9939 - 170 Street NW

**Note: List created with
information available at
time of print.**

**See what Stony Plain Road has to offer!
stonyplainroad.com/area-directory**



SUPPORTING LOCAL FOOD MERCHANTS DURING LRT CONSTRUCTION



GRAB & GO

- 1 QUEEN DONAIR**
10068 156 STREET NW 780.489.1796
Satisfy your cravings with royal flavour!

2 PHO BINH VIETNAMESE RESTAURANT
15055 STONY PLAIN RD 780.444.7841
Authentic, delectable Vietnamese food!

3 BEST DONAIR LTD
15043 STONY PLAIN RD 780.487.5959
Delicious Mediterranean and donairs!

4 PIZZA 73
14782 STONY PLAIN RD 780.719.6424
Your favorite pizza and wings at one low price.

5 DAIRY QUEEN
10018 156 STREET NW 780.484.2555
Treating you right, in Canada, since 1953!

6 PAPA JOHNS PIZZA
14818 STONY PLAIN RD 780.278.5100
Pizza, papadias, wings, desserts and more!

7 HOLLYWOOD PIZZA & DONAIR
10012 156 STREET NW 780.484.2698
Delicious food, great prices, friendly staff!

8 SUBWAY SANDWICHES & SALAD
15053 STONY PLAIN RD 780.484.5214
A variety of subs, rice bowls and salads.

9 LITTLE CAESARS PIZZA
15045 STONY PLAIN RD 780.487.0900
A great and affordable choice for pizza!

10 LITTLE VILLAGE
14816 STONY PLAIN RD 780.719.6424
Greek takeout, fresh from scratch!

11 NURTURE KITCHEN & CAFÉ
155A - 10045 156 ST NW 780.200.2302
Offering social conscience and good eats.
- YOU CAN HELP! ORDER OUT ONCE A MONTH TO SUPPORT LOCAL!**

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- 1 NEO JUICERY**
10062 151 STREET NW 780.709.7092
Fresh pressed juice that won't disappoint!
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14213 103 AVENUE NW 780.761.1155
Artisan coffee and fresh food. Closes at 3 p.m.
- 3 SQUARE 1 COFFEE**
14055 WEST BLOCK DR 780.993.3990
A tasty selection of quality drinks and snacks.
- 4 STARBUCKS**
14957 STONY PLAIN RD 780.489.2464
A great place to connect!
- 5 CELEBRATE GLUTEN FREE INC**
15213 STONY PLAIN RD 780.758.8030
Offering delicious gluten free options!
- 6 CH. CAFE**
14802 STONY PLAIN RD 780.292.6409
Where cocoa beans are as precious as gold.
- PICK IT UP! HELP BUSINESSES SAVE ON DELIVERY APP COSTS!**
- 10 CHEF TONY DIM SUM AND CHINESE CUISINE**
14921 STONY PLAIN RD 780.244.8388
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15117 STONY PLAIN RD 780.341.4653
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- 3 THE LEOPARD**
170 - 14053 WEST BLOCK DRIVE
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- 4 EL CORAZON**
14101 WEST BLOCK DR 780.213.9494
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10108 149 STREET NW 780.444.1822
Pool tables, darts, Golden Tee, live music!
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15525 STONY PLAIN RD 780.760.4200
Indian crêpes and a variety of other favourites.
- 8 ITALIA MIA**
14981 STONY PLAIN RD 780.250.0815
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