

SPANN



Serving the communities of Britannia-Youngstown, Canora, Glenora, Glenwood, Grovenor and West Jasper Sherwood

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Opening within nearly a year from each other, Bounce Right Back Massage and Grin Dental Hygiene Centre have set roots along the area's main thoroughfare of Stony Plain Road between 146th and 147th street. SPANN reached out to both businesses to find out more about their philosophies and services.

Holley Kofluk BSC., RDH

What made you decide to open Grin Dental Hygiene Centre?

As a Registered Dental Hygienist for 19 years, I have spent most of my career as a contractor working in a variety of dental clinics with different equipment, materials, dental professionals, patients, and theoretical ways to practice.

While I loved the variety that contracting offered, I found working in traditional dental clinics somewhat limiting in terms of being able to provide the kind of care I would ultimately like to deliver if I had more autonomy and access to the things that worked best for me personally to carry out that care. While a lot of offices tick most of the boxes, I decided it was time to take the next step in order to feel more fulfilled in my chosen healthcare career. Grin Dental Hygiene Centre opened its doors in July of 2022.

Many of the offices that I contracted in were located in Edmonton's west end - The people here are just so great in every way, and it's become my favourite area in which to work. When this little house turned commercial space came up for lease, I knew the opportunity to strike out on my own was calling!



Why a Hygienist?

Many people are not aware that all Registered Dental Hygienists in Alberta are independent, regulated by the College of Registered Dental Hygienists of Alberta. Here, Dental Hygienists are primary healthcare providers under the Health Profession Act, and are fully educated and licensed to

carry out unsupervised preventive dental care.

Hygienists understand the concerns associated with the cost of dental services. Our overhead is lower than traditional offices as we use smaller set-ups, work unassisted, and use less expensive materials; which means we can pass the savings along to our patients. With rising costs during and after the pandemic, I wanted to make access to preventive dental care as affordable as possible. At Grin, we don't charge a fee for our oral health exams which alone is a saving of around \$100, and all of our fees are 15% below the current Alberta Dental Association's dental fee guide.

A Broad Mandate.

Alberta Registered Dental Hygienists have the broadest scope of practice in the country: Services provided at Grin include oral health exams, screening for oral cancer and airway issues, scaling and treatment of gum and periodontal disease; x-ray imaging, and polishing with guided biofilm therapy. We offer minimally invasive treatment to prevent, arrest, or repair early tooth decay with silver diamine fluoride and glass ionomer temporary filling material, placement of pit and fissure and antimicrobial sealants, delivery of local anesthetic, in house teeth whitening, and can prescribe drugs used in the dental hygiene profession such as antibiotics, antifungals, antimicrobials, antivirals, etc. Whew! That's a mouthful!

The role of the Dental Hygienist has been the best kept secret around - It's time that everyone is made aware that when it comes to oral healthcare, they have a choice. We hope to see everyone very soon at Grin Dental Hygiene Centre!

See Bounce Right Back Massage p.3



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Editor's Notes

Greetings Readers!

The whispers of spring grow louder with each new warm weather day. With spring comes renewal, and it's time to prep for the season and the growth it represents!

In this issue we explore the wellness opportunities provided by Grin Dental Hygiene Centre and Bounce Right Back Massage, both relatively new businesses making their mark along Stony Plain Road. With spring also comes tax time, and we've gathered some resources for both free tax clinics and local businesses that offer personal tax services.

With this being my fourth issue as editor, I am happy to see the increased participation of businesses within our newspaper - Local communication and representation of businesses is essential to building strong, resilient commercial communities. You'll also notice an increased advertising presence for local businesses, a testament to the value of engaging local residents and ensuring that local



Justin Keats

communities are aware of the businesses in their area. SPANN is consistently striving to accommodate and connect the business community in the Stony Plain Road area with its residents, and I look forward to the future of this relationship.

Todd Janes furthers the importance of

strengthening our business community by highlighting various initiatives and programs the SPRBA is working on that will make running a business in the area easier. Community relations are also emphasized throughout this issue, with local community league AGM notices, an introduction of the Neighborhood Empowerment Team, and a call for volunteers in the formation of a community development committee for Jasper Place. We also feature a great personal account from a Ukrainian refugee and her experience settling in the area.

Community is key, regardless if you are a resident, a business, or both! Enjoy your spring, and don't forget to plant your seeds early this year to harvest your rewards.



Bounce Back at Bounce Right Back Massage!

Family Roots

Bounce Right Back Massage opened in June 2021, within a commercial house at 14628 Stony Plain Rd. Near the end of 2020 my mother-in-law, who runs *Svitlana's Bridal* at the same property, was struggling to stay open during COVID. So my husband and I decided it was time to move forward in creating space for both businesses in the building, helping cover the cost overheads.

Now, after almost two years of working together, both businesses are doing well. I'm very happy with our choice to share the space.

Passion & Care

As a RMT with 7 years experience, it was always in my mind to open a massage clinic when the time was right. While opening during COVID was a risk, I am so happy with how the business has grown and how many people I have been able to help with their healing. It was my goal to create a space not only for relaxation, but to help treat clients with acute and chronic pain toward living a pain free life. No one should have to suffer, and I make it my goal to make the best treatment plan suited to the individual. My staff and I also work hard to create an atmosphere that is calm, comfortable, safe, clean



Jessica Pavlyk, Owner

and inclusive to all! Everyone deserves a massage and there is no judgment here.

Services

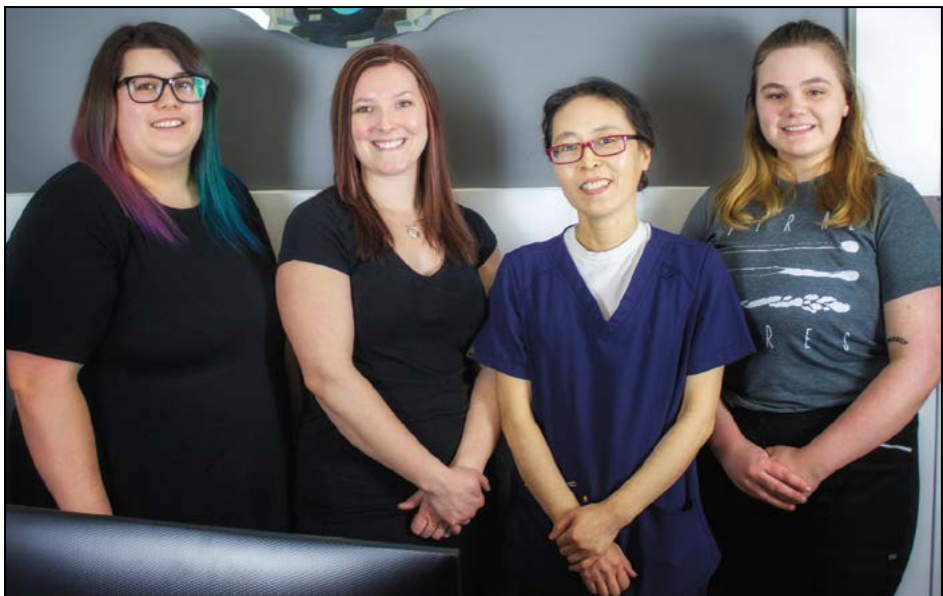
We offer many different styles of massage such as Deep Tissue, Relaxation, Therapeutic, Hot Stone, Myofascial Cupping,

Lymphatic Drainage, Prenatal, and Rapid Neuro Fascial Reset (NFR) Massage. We also have an Acupuncturist whose treatments can help decrease stress, anxiety and pain. Both forms of therapy work well together to help our clients in their recovery, and we also offer our clients with home care options.

Philosophy

At BRB Massage we don't have a receptionist; our staff work together to answer calls and schedule clients. We try to schedule future treatments in person, to ensure we are offering out clients direct feedback in a comfortable setting. However, we also offer an online booking system at bouncerightbackmassage.com. We direct bill to most insurance companies, offer paperless records, and have onsite parking.

We really appreciate our clients and look forward to seeing new faces - Come join the BRB Massage family!



Staff Karlee Bryson, Jessica Pavlyk, Mira Lee, and Rane Skaret.

Jasper Place Community Development Committee

BUILDING A VIBRANT FUTURE

The Jasper Place Community Development Committee is looking for community members interested in building on existing community strengths and working collectively to establish a vision for Jasper Place, along with ideas about bringing that vision to life. If you work, live or play in Jasper Place and want to contribute to a vibrant and connected future for the area - then you're who we are looking for! Your hands-on experience, knowledge and expertise are essential to creating a vision for the future that is inclusive and representative of our community.

If you are interested in participating, scan the QR code or fill out an expression of interest by Sunday, April 16th, 2023.



<https://forms.gle/DYsSs4oQMg4uqjLV8>





ONE \$3 BIG BUCK
CAN BE USED \$10 PER SPENT:
THAT'S UP TO **30% OFF!**

- WHO IS HE?** The Young Giant is the former mascot of the Town of Jasper Place before it was amalgamated by the City of Edmonton.
- WHAT ARE BIG BUCKS?** A local community currency supporting local businesses! One \$3 Big Buck can be used \$10 per spent!
- WHERE CAN I GET THEM?** At participating Big Buck Merchants, and at Stony Plain Road Business Association events throughout 2023!
- WHEN CAN I GET THEM?** Receive a Big Buck with purchase at Big Buck Merchants on the 1st of the month, and follow @stonyplainroad on Facebook and Instagram for upcoming community events!
- WHY?** Because we love Stony Plain Road and area businesses!



Big Bucks must be presented upon purchase. One Big Buck can be used per \$10 spent before GST. One Big Buck required for each \$3 redemption. Full details listed online: www.stonyplainroad.com/the-young-giant-campaign

Jasper Place Department Store

Paula E. Kirman

The Jasper Place Department Store opened in September 1950 at 15311 Stony Plain Road with a staff of 10 employees. The original owners were Simon Russ and Joe Grossman. This first department store in what was then the Village of Jasper Place featured dry goods, frozen items, and fresh fruits and vegetables. Hours were 9 a.m. to 8:30 p.m. on weekdays, and 9 a.m. to 9 p.m. on Saturdays. The store took advantage of the lack of bylaws relating to closing hours to offer these longer shopping hours to try to attract farmers and those living further away to be able to shop conveniently (1).

Information in an ad placed in the Edmonton Journal in June of 1951 indicates that the Department Store had to be sold because of its owners' ill health. It is believed that Charles (Chuck) and Estelle Silver, who lived a few blocks away in Edmonton, purchased the store in 1952.

"The store was somewhat like a small town 'country dry goods' store. It included sections for women, men,

boys and girls. Plus shoes, toys, and some household goods. No hardware, because across the street was an Imperial Lumber store," says Philip Silver, one of Charles Silver's sons, in an interview with his brother Richard and himself conducted via email in July of 2022.

Richard Silver adds, "JPDS was the home of TK's, a popular casual brand made in Winnipeg," and recalls that the store had two parking lots, with one on either side. He also notes, "The reason Jasper Place's shopping hours were important is that in Edmonton a store had to close by 6 p.m. and was only open till noon on Wednesday, and there was absolutely no opening on Sunday." Philip adds, "The opportunity to shop was perfect for people on shift work and I think some came from across the city as well as those in Jasper Place itself," indicating that there was a shift in the type of consumer from farmers to city dwellers within the span of a few short years.

Philip Silver has a theory about why his parents chose to operate a business

in Jasper Place. "My parents had been operating a dry goods wholesale business, primarily feeding retailers north of Edmonton. That involved a lot of our dad travelling and I suspect that our parents decided it would be a simpler way of life to 'settle down' and move into retail. They already had the contacts with various suppliers. That accounts for going into retail from wholesale.

I think the reason for moving onto JP was that the operation would be a size that they were familiar with, plus the advantage of the hours that Richard and I already mentioned. JP must have been seen as a good future."

In 1962, on its 10th anniversary, the store expanded from 3500 to 6000 square feet, and included a new shoe department (2).

Charles Silver was elected as President of the Jasper Place Chamber of Commerce in 1956. He was a fervent advocate of extended shopping hours. Philip Silver explains that the extended shopping hours was a major attraction to the business, and explains how amalgamation affected

this aspect and was a contributing factor to the eventual demise of the store.

Our dad, Charles 'Chuck' Silver, worked with the others in the local business crowd to promote this unique aspect of shopping in Jasper Place. Consequently, when amalgamation loomed and with it an end to those open hours, he was very active with other businessmen in opposing amalgamation, if it meant restricting the hours to match Edmonton's.

After the Jasper Place Department Store closed, Charles Silver opened "Chuck's Silver Saddle," a saddlery, first at 14219 Stony Plain Road from 1973, then on 152nd Street and 111th Avenue in the north part of Jasper Place. Chuck's Silver Saddle moved to Westmount Mall in 1986, and closed in 1988.

Do you have any memories of shopping at the Jasper Place Department Store? Send us your stories: jasperplacehistory@outlook.com

Paula E. Kirman is a freelance writer who grew up, and still lives, near the Jasper Place area.



15311 Stony Plain Road today, site of the former Gold'n Loan Pawn Shop.



Jasper Place Department Store (arrow) on the left at 15311 Stony Plain Road, April 30, 1956. Courtesy of the Provincial Archives of Alberta, RP81.7. Photographer: Richard G. Proctor

References

- 1 "Jasper Place Getting Big Department Store." The Edmonton Bulletin, Wednesday, September 27, 1950, page 2.
- 2 "Store is Expanded for Better Service." Edmonton Journal, Tuesday, August 28, 1962, page 17.

News From the Ledge:

Budgets, Taxes, and You



MLA Lori Sigurdson
Member for
Edmonton Riverview
Critic for Seniors and
Housing and Critic for
Mental Health and
Addictions
Ph: 780-414-0719
Edmonton.Riverview@
assembly.ab.ca

We will soon be welcoming the changing of the seasons. The warmer weather, that we all look forward to, will be upon us shortly. It may not feel like it now, but spring is in the air! This comes with the opportunity to do our spring cleaning, clear out the cobwebs, and prepare for growth and renewal. Part of this for the provincial government is the creation of the annual budget. Or at least, it should be. Instead of setting up Albertans for success by laying the groundwork for a

roaring year, the UCP budget is instead sweeping the dust bunnies under the rug, only to pull it out from under us immediately after the election at the end of May.

For example, many Albertans have been relying on assistance with the mounting cost of living crisis. From gas and utility relief, to the affordability payments, these are programs that were supposed to provide relief with the higher cost of living that will be coming in the summer. However, many of these programs are set to expire faster than a carton of milk and leave

Albertans high and dry. Summer 2023, under a UCP Government, will be the most expensive ever!

Another budget regression is healthcare funding falling \$1.4 billion under where it should be to keep pace with our population growth and inflation. Funding of the South-West Edmonton Hospital has been delayed again. This will stand in the way of sufficient healthcare access that would go a long way to serving the needs of residents that are served by the businesses of the Stony Plain Road Area. However, a solution to this service deficit that has caused chaos in our healthcare system is in the works. Our commitment to family health teams will ensure that one million more Albertans will have access to a family doctor.

One significant loss under the UCP Government is the closing of the Seniors Advocate Office. Staff served dutifully as a safeguard for the interests of our elderly loved ones. During the pandemic seniors were hit the hardest. Many experienced social isolation and their homecare services were halted. Tragically Alberta has the highest number of outbreaks in our continuing care system in any province in Canada. And worst of all, over 1200 seniors lost their lives in these facilities. It is absolutely critical that this office be restored and, should the NDP become the government, we are committed to doing so.

Of immediate concern for the businesses represented by SPANN is the complete lack of new initiatives or support for business innovations in this budget. Attracting fresh

investment capital and new, skilled talent are initiatives that should be driven by the provincial government. We have been advocating for a reintroduction of several of the tax incentives that successfully drove investment in the past. We've heard loud and clear that these incentives are needed and we will introduce them if elected.

A significant component of attracting and maintaining the talent that our business community needs is by providing sufficient funding and resources to Albertan schools. Alberta currently has the lowest per-student level of funding in all of Canada. Coupled with our deficit of 3600 teachers, we are struggling to provide the tools that our students need to succeed.

Albertans don't have to accept this budget. In just a few short months, Albertans can do some collective spring cleaning of the Alberta legislature. We can choose to focus on renewing our commitment to good, stable public healthcare, education, and a resilient jobs economy that works for everyone. *Bring on the spring!*



MLA Sarah Hoffman
Member for
Edmonton Glenora
Critic for
Education and
Deputy Leader
Ph: 780-455-7979
Edmonton.Glenora@
assembly.ab.ca

Improving Healthcare for Edmontonians

Randy Boissonnault, MP

Dear Neighbours,

One thing the pandemic made clear was that our healthcare system needed a lot more work and support from both levels of government if it is to continue to live up to its status as a source of Canadian pride. Here's how this legislation will be of great benefit to our healthcare system and to Albertans.

On February 27, 2023, the Government of Canada and the Government of Alberta announced an agreement in principle to improve healthcare services for Albertans. This agreement will see \$24.18 billion in federal funding invested in Alberta over the next 10 years. The funding will support timely access to family health services, improve mental health and substance use services, reduce backlogs, and modernize the healthcare system. The agreement is part of the Government of Canada's \$198.6 billion investment in healthcare across the country over the next 10 years.

One of the key areas of focus for the



Randy Boissonnault

agreement is enhancing timely access to family health services. This involves investing in family medical teams, including physicians, nurse practitioners, and other healthcare workers. This will help to ensure that all Albertans, including those living in remote, rural, and underserved areas, have access to high-quality family health services.

The agreement also aims to support healthcare workers and reduce backlogs. The healthcare workforce is the backbone of the Canadian healthcare system, and supporting and growing this workforce is critical to ensuring that those waiting for necessary care can get it in a timely manner. The agreement includes actions to support retention efforts, recruitment, and better data to allow for improved and long-term workforce planning. This means great jobs for Edmontonians in the healthcare sector.

Another important area of focus for the agreement is improving mental health and substance use services. With one in three Canadians struggling with mental health, access to timely and equitable mental

health and addictions services is critical. The agreement aims to provide Albertans with access to quality mental health, substance use, and addictions services to support their well-being.

Finally, the agreement aims to modernize the healthcare system by making it more connected and world-class. This includes electronic access to health information for Canadians, which can be shared between healthcare professionals to improve care, safety, quality, and reporting on how the system is working. Electronic health information can also save lives by improving safety and reducing unnecessary or duplicative tests.

This deal between Government of Canada and the Province of Alberta to invest \$24.18 billion in healthcare over the next 10 years is a significant step forward in improving healthcare services for Albertans. By working collaboratively, we can deliver results for Edmontonians and improve the healthcare system for all Canadians.

Randy Boissonnault, PC, MP
780-442-1888
randy.boissonnault@parl.gc.ca

Donations Needed for Earthquake Ravaged Turkey

Justin Keats

On February 6, 2023, a devastating earthquake struck southern and central Turkey, as well as northern and western Syria. The earthquake, which measured a magnitude of 7.8, was the largest to hit Turkey since the 1939 Erzincan earthquake. The tremendous quake was felt in Egypt, Israel, Palestine, Lebanon, Cyprus, and the Black Sea coast of Turkey, with over 10,000 aftershocks in the three weeks that followed (1).

The damage caused by the earthquake was extensive, covering an area of about 350,000 km², roughly the size of Germany. It is estimated that 14 million people, or 16 percent of Turkey's population, were affected, with approximately 1.5 million people left homeless, according to the United Nations (3). As of March 10, 2023, over 51,000 people are known to have died in the disaster across Turkey and Syria, and many thousands remain missing (4).

The earthquake has also exacerbated an already dire housing crisis in the country, with rent prices increasing rapidly as cities fill with people looking for safety. Tent cities have been erected throughout the region, and the government has started building container homes, but many remain homeless (5).

The Turkish Canadian Society of Edmonton is collecting donations via e-transfer, cash, or credit card. Donors have the option



to direct their funds to AFAD, Türkiye's official disaster and emergency management authority, or AHBAP, a local voluntary network currently active in the affected regions, or the purchase of medical supplies to be sent to the earthquake zone. The Turkish Canadian Society will cover all credit card and bank transfer fees to ensure that donations are directed to the designated charity.

To make a donation to the Turkish Canadian Society of Edmonton, e-transfers can be sent to tcs.earthquakerelieffund@gmail.com. For cash and credit card donations, donors can visit the Turkish Canadian Cultural Center located at 15450 105 Avenue NW in Edmonton. This information can also be found at www.turkishcanadiansociety.ca/earthquake-donations



Canadian Red Cross

The Red Cross Red Crescent is also providing assistance to those impacted by the earthquakes. Money raised will enable the organization to provide immediate relief, ongoing recovery efforts, and resiliency and preparedness activities in impacted and surrounding areas. Assistance may evolve based on emerging needs and compounding humanitarian crises.

For those interested in supporting the Red Cross Red Crescent, donations can be made on their website at www.redcross.ca or by calling 1-800-418-1111.

References:

- (1) "10,000 tremors". Reuters. 2 March 2023.
- (2) "Turkey and Syria's devastating earthquakes in graphics". Financial Times. 9 February 2023.
- (3) "Why Are We Unprepared?". The Wall Street Journal. 12 February 2023.
- (4) "1.5 million now homeless in Türkiye after quake disaster, warn UN development experts". United Nations Office at Geneva. 21 February 2023
- (5) "Syria/Turkey Earthquakes Situation Report #7, March 8, 2023". ReliefWeb. 8 March 2023.
- (6) "In Istanbul Earthquake Survivors Rebuild Shattered Lives". Aljazeera. 10 March 2023.

VARIANT EDITION

GRAPHIC NOVELS AND COMICS

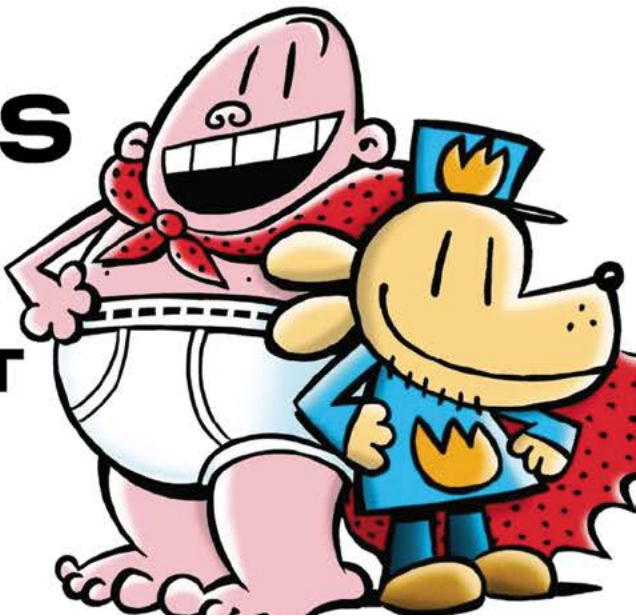
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LIBERTY TAX	10112 149 ST 587.410.7424 libertytaxcanada.ca
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New Businesses in the Area

Our area is constantly welcoming new businesses - its a great sign of continued rejuvenation and growth in our district, and a tell-tale sign of what's to come in the future!



Check out these newer businesses along the Stony Plain Road area!

- | | |
|--|--|
| <ul style="list-style-type: none"> • Osmow's Shawarma
10009 - 170 Street NW
(780) 444-1211
osmows.com • Da Vinci Wellness Centre
203, 16028 - 100A Avenue NW
(587) 635-3222
davinciwellness.ca • ARPA Farm Fresh Butcher's Shop
Unit 110
(780) 929-3152
arpafarmfreshbutchery.com • Floc Boutique
Unit 170
(587) 337-2177
flocboutique.com | <ul style="list-style-type: none"> • Alberta Bud
16118 - Stony Plain Road NW
(780) 394-4297
albertabud.com • Preddy's Angel Hair & Beauty Supply
15209 - Stony Plain Road NW
587-991-9836
preddysangelhairandbeauty.ca • Fellow by Floc
Unit 155
(587) 337-2557
fellowbyfloc.com • Zula Kitchen and Wine Bar
Unit 120
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|--|--|

If you've opened a business in the area recently, please let us know!



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Spring
has Sprung,
The grass has riz,
I wonder where...

West Edmonton Community League Updates

West Jasper Sherwood Community League



ANNUAL GENERAL MEETING

April 17th, 7-8:30pm

9620 152 St NW (league hall)



Dear West Jasper Sherwood Community,

We are excited to invite you all to our upcoming Annual General Meeting (AGM) on April 17, 2023, at 7pm. This event is a significant milestone for our community, where we come together to reflect on the accomplishments of the past year and discuss our vision for the future. We hope to see all of you there as we celebrate our many achievements and continue to build our community.

During the AGM, we will be approving financials, voting for board members, and discussing new projects and initiatives for the upcoming year. Only community league members can vote, memberships will be available at the AGM. This event is a great opportunity to get involved in our community and make your voice heard. But it's not all business - the AGM will also be a fun and social event, complete with appetizers and mocktails.

In addition to the AGM, we have several exciting events coming up that we want to share with you. Our annual Spring clean-up and Big Bin social event will be at the end of April, and we are thrilled to announce that the Dog Park opening party will be in early May or when the ground is dry enough.

We are also starting a walking and/or cycling group and planning a big summer event for mid-July.

We are very eager to welcome some new board members as well as a couple volunteers to come forward. For the community league to be successful we need people like you to help make decisions and be a part of the team! Board meetings are once a month and volunteer team building nights can be once per month as well. Please consider offering some of your time to make these events happen! Email matthew@westjaspersherwood.ca to express your interest and join the team!

Stay tuned to our website, westjaspersherwood.ca, for all the details about these upcoming events and more. Our website is a great resource for community news, events, and updates. If you're not already following us on social media, we invite you to connect with us on Facebook, Twitter, and Instagram.

We are looking forward to another great year in the West Jasper Sherwood community, and we hope to see you all at the AGM on April 17th.

Sincerely,
West Jasper Sherwood Community League

Stay Active This Spring!

Michael Goth, City of Edmonton

Visit 2 Premier City Attractions for the Price of 1!

Between February 18 - March 31, 2023, Alberta residents can receive 2-for-1 admission to both the Edmonton Valley Zoo and the Muttart Conservatory. Simply purchase your admission to either facility and then show your receipt with a piece of valid Alberta identification to receive your free admission to the other facility! Your first admission can be purchased online in advance or upon arrival. Your second admission ticket will be given at the gate at the time of your visit. <https://www.edmonton.ca/attractions-events> for more information.

- Recreation & Volunteer Opportunities**

movelearnplay.edmonton.ca

 - **Free Drop-In Public Skates** are offered across the City at arenas across the City.
 - Registration for **Spring Physical Activity** classes opens on March 8th. We've got plenty of active programs available for preschool, child, youth and adults!
 - Sundays at the **Downtown Community Arena** offer community league skating. The skate is free to community league members, skates are also available for those who do not own skates.
- edmonton.ca

 - The **Community League Wellness Program** provides current community league members with admission incentives to enjoy the City's world-class sports and recreation facilities.
 - The **Root for Trees Program** is the City of Edmonton's volunteer tree planting initiative. Help plant native trees, shrubs and wildflowers in Edmonton's naturalized areas! Bookings for the Registered Group Planting Program will open to the public on March 31, 2023 at 9:00 am.

Abundant Community Edmonton - "Creating a Neighbourly Vibe" Workshop

Interested in getting more connected on your block, building floor or cul-de-sac?

Join Neighbourhood Services / Abundant Community for an online workshop on creating a neighbourly vibe! The "Creating a Neighbourly Vibe" workshop is held twice per month.

See all upcoming event dates at www.eventbrite.ca and register today!

Upcoming Workshops:

Thursday March 23 6:30pm

West End Shelter Community Conversation Series

Chancy Black Water, Community Safety Liaison with NET

I was invited to introduce myself and the work I do pertaining to the Stony Plain Road area. My name is Chancy Black Water, I am a Community Safety Liaison with the Neighbourhood Empowerment Team. The Neighborhood Empowerment Team is a partnership between the City of Edmonton, The Family Centre, Edmonton Police Service, and United Way of Alberta Capital Region. NET, as we are informally referred to, works with community stakeholders, businesses, residents, and organizations to build sustainable solutions to create vibrant and safe neighborhoods and communities.

Recently, an important element of my work has been supporting Jasper Place Wellness Centre in their efforts to engage with the broader Stony Plain Road community. NET has supported engagement efforts in the past such as Camp Pekiawewin, Tipinawâw at the Edmonton Convention Centre, and the Spectrum temporary shelter. At the time these temporary shelter spaces were operational, the feedback from the adjacent communities identified the benefit

to continue these engagement efforts moving forward.

Jasper Place Wellness Centre is the most recent organization to become a temporary shelter provider so NET collaborates by hosting the monthly West End Shelter Community Conversation Series. NET hosted the first Community Conversation on Wednesday February 22, 2023. The conversations will take place virtually once a month for the duration of the operation of the West End Shelter at Bedford Inn and Suites. These virtual gatherings are intended to provide interested parties the opportunity to bring forth inquiries as well as for Jasper Place Wellness Centre to speak to the work being done to increase accountability as a stakeholder to the Stony Plain Road area. By providing a safe space for all participants to both listen and be heard provides an opportunity for a streamlined process to address any community safety concerns brought forward.

I appreciate the opportunity to share more about my role as a Community Safety Liaison with the Neighbourhood Empowerment Team. Thank you for taking the time to learn more!



NEIGHBOURHOOD
Empowerment Team



edmonton.ca



edmontonpolice.ca




familycentre.org



United Way
Alberta Capital Region

myunitedway.ca

FREE TAX CLINICS



GET YOUR BENEFITS AND CREDITS

If you have a modest income, volunteers can provide a simple tax return for you!

WHAT: COMMUNITY INCOME TAX PROGRAM (CVITP) in Partnership with The Learning Centre

VOLUNTEERS: Filipino Support Services Society (FSSS)

WHEN: Every Saturday in March and April, 2023:

MARCH: 4, 11, 18, 25
APRIL: 1, 8, 15, 29
Time: 10 am - 4 pm


WHERE: The Learning Centre (The Orange Hub), 10045 156 Street NW, (Theatre Entrance), Room 294 B, Edmonton

ELIGIBILITY

Income eligibility based on number of persons in the family:

1 person	\$30,000
2 person	\$40,000
3 person	\$42,500
4 person	\$45,000
5 person	\$47,500

Volunteers are not employees of the Canada Revenue Agency.



READY. SET. READ!



epl.ca

In partnership with

Dolly Parton's Imagination Library,
eligible children receive one new book every month until five years old!

Register in-person at any EPL location, or at:
imaginationlibrary.com/ca/affiliate/ABEdmontonPublicLibrary



“YOU CAN NEVER GET ENOUGH

BOOKS INTO THE HANDS

OF ENOUGH

CHILDREN” *Dolly*



Setting New Roots: A Ukrainian Expat's Perspective of SPR

Tatiana Ali

During SPRBA's "3 Weeks of Holiday" contest campaign this winter, one of our winners advised that they were a recent refugee from Ukraine. Recognizing the unique opportunity in hearing fresh perspectives of the area from a newcomer, SPANN reached out to Tetiana Ali for her unique viewpoint.

Hello there, my name is Tatiana and I'm from Ukraine. I'm a newcomer, and trying to start my life again. That's why I chose to become a childcare teacher at a daycare here.

From the first moment, Canadians showed us how they are gentle, helpful and open to us. Every day we had a lot of help from volunteers and neighbours. My family and I are very appreciative of it all - Canadians have made our fresh start here both comfortable and easy.

With the conflict in Ukraine our life situation required us to move, and once in Edmonton we chose the Stony Plain Road area as it's both comfortable and not far away from the city center. We had multiple locations to choose from,

but we stand by our choice of Stony Plain Road as it meets all our needs: with nearby schools, daycares, and various stores and shops. So we are fully satisfied.

The area is different compared to where we lived prior in Ukraine. It's less dense; more humble and calm, making it a great place for families. Existing infrastructure and services like bus routes and roadways pleasantly surprise and make daily life comfortable. I am glad that we have chosen an area where we have close and easy access to daily necessities.

Prior to the war I worked in social media marketing, particularly promoting businesses on Instagram. I've noticed a considerable difference in how business promotions are done in Canada compared to Ukraine, where visual messaging and communications with consumers on social media is very common. Comparatively, local business promotion on social networks in Canada appears to have just begun to gain momentum. From someone with international experience in

promotions, it's interesting to see the differences between the two countries and the potential ways social media marketing may evolve here in Canada.

I'm so glad that I won one of the prize packs from SPRBA's "3 Weeks of Holiday!" campaign! It was a breath of fresh air amongst everything that happened prior this year, making my win and visit to Live to Dye Salon almost like a fairy tale - super service, pleasant staff, and I loved the results of their work and dedication to their craft. I also received ten \$3 Young Giant Big Buck's as part of my prize, and am keeping my eye out on where I can spend them! I'm glad that I tried my luck with this local event!

I want to thank SPRBA for the opportunity to participate in the prize draw, and a special thanks to Live to Dye Salon for providing a chic service, being as polite as possible, and their outward support for Ukraine. This is so important now for me and other Ukrainians - A big thank you, Canada!



Visit the SPR Website!

• Business Directory • Blog Posts • Community Calendar • Members Only Resources and More!

stonyplainroad.com

Advertise with SPANN



and reach thousands of households in the Jasper Place/Stony Plain Road area.
Contact spanneditor@gmail.com for more information!



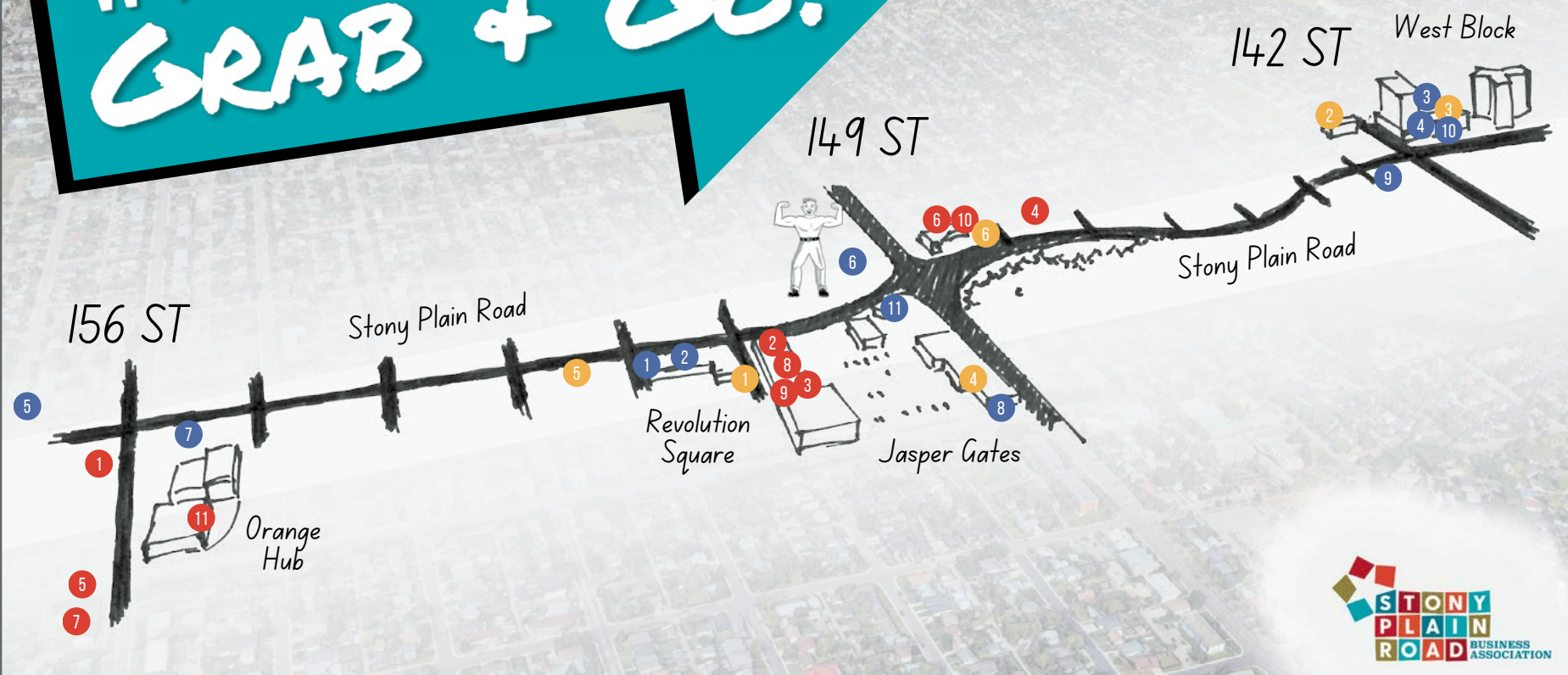
In late January, the building that previously housed Roman's Family Restaurant on 158th Street and Stony Plain Road was demolished, having remained empty and abandoned after a devastating fire in late 2017.

The removal of derelict buildings from our business community improves safety, boosts confidence, and provides evidence of impending renewal along Stony Plain Road - A step towards positive change and growth!



**WALK OR ROLL
GRAB + GO!**

**SUPPORTING LOCAL
FOOD MERCHANTS
DURING LRT CONSTRUCTION**



GRAB & GO

1 QUEEN DONAIR

10068 156 STREET NW 780.489.1796
Ensure your cravings are satisfied with royal flavour!

2 PHO BINH VIETNAMESE RESTAURANT

15055 STONY PLAIN RD 780.444.7841
Authentic, delectable Vietnamese food – Great for business or casual gatherings.

3 BEST DONAIR LTD

15043 STONY PLAIN RD 780.487.5959
Hungry for Mediterranean? Pick up your next meal from Best Donair!

4 PIZZA 73

14782 STONY PLAIN RD 780.719.6424
Get your favourite pizza and wings for one low price.

5 DAIRY QUEEN

10018 156 STREET NW 780.484.2555
Treating you right, in Canada, since 1953! Burgers, shakes, ice cream and more!

6 PAPA JOHNS PIZZA

14818 STONY PLAIN RD 780.278.5100
Pizza, papadimas, wings, desserts and more! Better ingredients. Better pizza.

7 HOLLYWOOD PIZZA & DONAIR

10012 156 STREET NW 780.484.2698
Delicious food, great prices, friendly staff, and convenient!

8 SUBWAY SANDWICHES & SALAD

15053 STONY PLAIN RD 780.484.5214
Offering a variety of subs, rice bowls and salads, catering to every craving.

9 LITTLE CAESARS PIZZA

15045 STONY PLAIN RD 780.487.0900
A great and affordable choice for pizza on the go!

10 LITTLE VILLAGE

14816 STONY PLAIN RD 780.719.6424
Greek takeout shop, serving fresh made from scratch family dinners and catering!

11 GROW WOMEN LEADERS

155A - 10045 156 ST NW 780.200.2302
Located in the Orange Hub, lower level, offering social conscience and good eats.

**REMEMBER: PICKING UP YOUR
ORDER HELPS SMALL BUSINESSES
SAVE ON THEIR DELIVERY COSTS!**

DRINKS & SNACKS

1 NEO JUICERY

10062 151 STREET NW 780.709.7092
Cold, refreshing and tasty: Fresh pressed juice that won't disappoint!

2 CAFE RISTA

14213 103 AVENUE NW 780.761.1155
Roasted artisan coffee and fresh food. Closes at 3 p.m.

3 SQUARE 1 COFFEE

140, 14055 WEST BLOCK DR 780.993.3990
Neighbourhood cafe and patio with a selection of high quality drinks and snacks.

4 STARBUCKS

14957 STONY PLAIN RD 780.489.2464
Jasper Gates Starbucks was one of YEG's first cafes – A great place to connect!

5 CELEBRATE GLUTEN FREE INC

15213 STONY PLAIN RD 780.758.8030
Like the name says, offering delicious gluten free options!

6 CH. CAFE

14802 STONY PLAIN RD 780.292.6409
Coming from a culture where the cocoa beans are more precious than gold.

10 ZULA KITCHEN AND WINE BAR

120, 14055 WEST BLOCK DR 780.929.3112
Wine and dine in delectable style.

11 CHEF TONY DIM SUM AND CHINESE CUISINE

14921 STONY PLAIN RD 780.244.8388
Delectable dim sum and authentic Cantonese cuisine!

STAY & PLAY

ALL BUSINESSES ARE LICENSED

1 POWER LOUNGE AND AFRO GRILL

15135 STONY PLAIN ROAD
Spicing up the evening with food from www.wingsandwaffles.com!

2 LONGSHOTZ GOLF

15117 STONY PLAIN RD 780.341.4653
Practice your game with an indoor golf simulator and delicious food!

3 THE LEOPARD

170, 14055 WEST BLOCK DR 780.760.6005
Modern bar and pizza made with slow fermented sourdough, oven fired.

4 EL CORAZON

150, 14101 WEST BLOCK DR 780.213.9494
Offering fresh & creative dishes featuring a modern spin on Latin-American plates.

5 BRADO'S PIZZA

15648 STONY PLAIN RD 780.483.1736
pizza, wings, or sandwiches – Brado's Pizza has all that and more!

6 RENDEZVOUS PUB 49

10108 149 STREET NW 780.444.1822
Pool tables, dart boards, Golden Tee. Live music on weekends, karaoke Wed & Thur.

7 AACHY'S CHETTINAD DOSA & CURRY PALACE

15525 STONY PLAIN RD 780.760.4200
Offering Indian crêpes and a wide variety of other favourites, desserts, and juices.

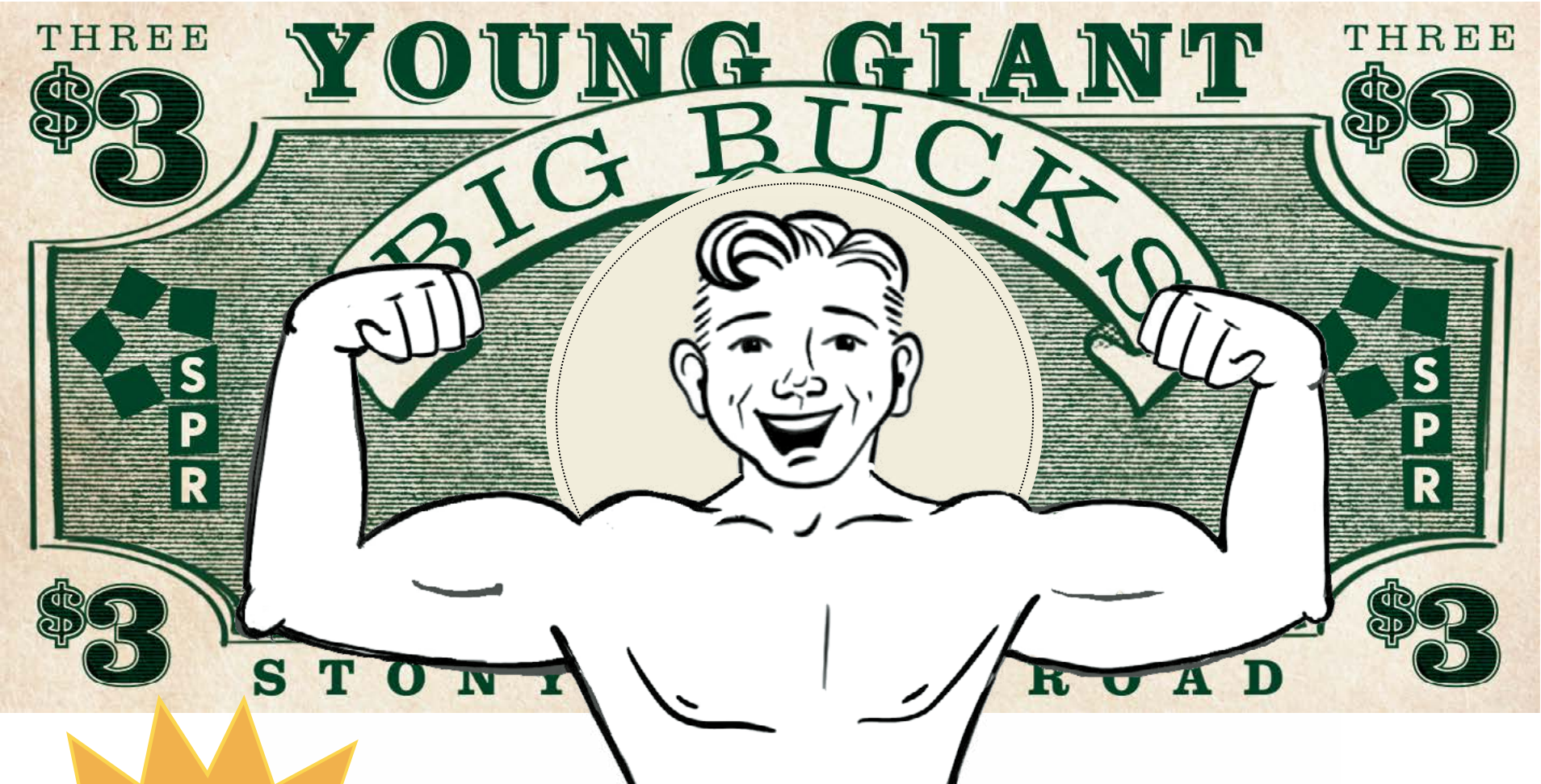
8 ITALIA MIA

14981 STONY PLAIN RD 780.250.0815
A wide selection of pizza and delicious, real Italian recipes.

9 TASTY TOMATO ITALIAN EATERY

14233 STONY PLAIN RD 780.452.3594
Call to place your order for great home-style cooking.

Authentic. Diverse. The Real Deal. www.stonyplainroad.com





BIG BUCK

MERCHANT LOCATIONS





- | | | | | |
|--|---|--|---|--|
| 1) Ben's Meats & Deli
15726 Stony Plain Rd | 5) ch. cafeteria
14802 Stony Plain Rd | 9) Little Village
Greek Takeout
14816 Stony Plain Rd | 13) Ocean Odyssey Inland
10019 167 St NW | 17) Square 1 Coffee
14055 West Block Dr NW |
| 2) Best Donair
15043 Stony Plain Rd | 6) Chef Tony's
14921 Stony Plain Rd | 10) Live To Dye Salon
16837 Stony Plain Rd | 14) Rendezvous Pub 49
10108 149 Street | 18) Variant Edition
Graphic Novels & Comics
15129 Stony Plain Rd |
| 3) Boston Pizza
180 Mayfield Common NW | 7) The Gilded Rabbit:
Artist Supplies & Framing
10104 149 Street NW | 11) Martin Food Store
10134 156 St NW | 15) Revolution Cycle
15103 Stony Plain Rd | 19) Yans Flowers
14716 Stony Plain Rd |
| 4) Cafe Rista
14213 103 Ave NW
(North side of Westgrove Professional Building) | 8) Grin Dental Hygiene Centre
14620 Stony Plain Rd | 12) Neo Juicery
10062 151 St NW | 16) Ritualistics
Tattoos & Piercings
15804 Stony Plain Rd | * Vendors are subject to change |

Big Bucks must be presented upon purchase. One Big Buck can be used per \$10 spent before GST. One Big Buck required for each \$3 redemption. Full details listed online:
www.stonyplainroad.com/the-young-giant-campaign

KINDRED SPIRITS HEMP

☯ CAFE & SHOP ☯

Drop in for rolling papers, stay for coffee!

15608 103 Ave NW 780-487-6787 kindredspirits@gmail.com

Present this coupon and get 10% off!



Warm, bright, and cozy!



Look for the orange duplex!